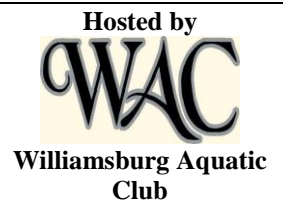




**WILLIAMSBURG AQUATIC CLUB**  
**Mike Willard Invitational**  
**A/BB/B/C Mini Meet**  
**December 2-4, 2016**  
**SANCTION NO. VS-17-32**



<b>SANCTION:</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-17-32</b></li> <li>USA Swimming, Inc., Virginia Swimming, Inc., and Fort Eustis Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>						
<b>LOCATION:</b>	Fort Eustis Aquatic Center, Building 641, Tyler Ave. Newport News, Va. Phone: (757) 878-1090						
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>Eleven(11) lane 25 yard indoor pool, 9 feet deep in lane 1 sloping to 7 feet deep in lanes 7-11. All sessions will be run using an eight lane course for competition with two additional lanes for continuous warm-up/warm-down.</li> <li>The Meet Director reserves the right to use 10 lanes for competition should it become necessary to keep the sessions under 4 hours.</li> <li>The Facility uses a Daktronics Automatic Timing System with a 10-lane scoreboard and Kiefer Wave Eater racing Lane Lines</li> <li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4).</li> </ul>						
<b>MEET DIRECTOR:</b>	<table border="0"> <tr> <td>Name: Harold Baker</td> <td>Earl Anderson</td> </tr> <tr> <td>Email: <a href="mailto:Coachharold2@cox.net">Coachharold2@cox.net</a></td> <td><a href="mailto:snikt.daddy@gmail.com">snikt.daddy@gmail.com</a></td> </tr> <tr> <td>Phone: (757) 229-8662</td> <td>(757) 254-8422</td> </tr> </table>	Name: Harold Baker	Earl Anderson	Email: <a href="mailto:Coachharold2@cox.net">Coachharold2@cox.net</a>	<a href="mailto:snikt.daddy@gmail.com">snikt.daddy@gmail.com</a>	Phone: (757) 229-8662	(757) 254-8422
Name: Harold Baker	Earl Anderson						
Email: <a href="mailto:Coachharold2@cox.net">Coachharold2@cox.net</a>	<a href="mailto:snikt.daddy@gmail.com">snikt.daddy@gmail.com</a>						
Phone: (757) 229-8662	(757) 254-8422						
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>Open to all Virginia Swimming athletes registered before the first day of the meet.</li> <li>No on-deck USA Swimming athlete registration will be permitted.</li> <li>All Swimmers can enter any event and swim in any relay in their Age Group.</li> <li>Age on December 2, 2016 will determine the age for the entire meet.</li> </ul>						
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>						
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>All Friday Events are Timed Finals</li> <li>All 13 &amp; over swimmers will swim in a preliminary Morning Session. The finals will be an Evening Session and consist of 3 heats per event.</li> <li>A Final – the fastest 8 swimmers regardless of Age</li> <li>B Final – the fastest 8 remaining 13 &amp; 14 year olds</li> <li>C Final – the fastest 8 remaining 15 &amp; Over Swimmers</li> <li>The order of heats for finals will be A, B and then C.</li> <li>All Relays for the 13 &amp; Overs will be in the preliminary Morning Session.</li> <li>All 12 &amp; Unders will swim in the Afternoon Session which will be a Timed Finals Session.</li> </ul>						
<b>WARM-UP:</b>	<ul style="list-style-type: none"> <li>Friday Distance Session: Warm-ups: 4:00 P.M. competition starts 5:00 P.M.</li> <li>Morning Sessions: Warm-ups at 7:00 AM; competition starts at 8:00 AM.</li> <li>Afternoon Sessions: Warm-ups: not before 12:00 PM; competition starts not before 1:00 P.M.</li> <li>Evening Finals Session: Warm-ups: not before 5:00 PM; competition starts not before 5:40 PM.</li> <li>Lane assignment and warm-up times for individual clubs will be posted on the Williamsburg Aquatic Club website (<a href="http://www.swimwac.com">www.swimwac.com</a>) no later than Tuesday November 29, 2016, and will also be emailed to the contact person of the participating clubs.</li> <li>If the morning session runs late, afternoon warm-ups will begin immediately after the morning</li> </ul>						

	session ends.
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY NOVEMBER 22, 2016.</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams submit entries via email.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries.</li> <li>• Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT <b>must be slower than an “A” time</b>. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• 12 &amp; Under Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day</b>.</li> <li>• 13 &amp; Over Swimmers may enter a maximum of <b>3 individual events and 1 relay event per day</b>.</li> <li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. This may include the use of Lane 9 as a competition lane. In this case there will be 1 lane available for continuous warm-up &amp; warm-down. Relays may also be eliminated and fees returned if this is necessary.</li> <li>• Email entries to: Harold Baker at <a href="mailto:coachharold2@cox.net">coachharold2@cox.net</a></li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Meet Director for approval by the Referee.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$5.50  Relay events: \$14.00  Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Williamsburg Aquatic Club.</li> <li>• Mail payment to: Harold Baker  3013 South Court  Williamsburg, VA 23185</li> <li>• Payment must be received by Tuesday November 29, 2016 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for 1<sup>st</sup> through 8<sup>th</sup> Place. <ul style="list-style-type: none"> <li>○ 13 &amp; Over events will be given separate awards for each of the three Heats at Finals.</li> <li>○ Friday’s Events will be given 1<sup>st</sup> through 8<sup>th</sup> Place for each Age Group (13-14) and (15 &amp; Over).</li> <li>○ 10 &amp; Unders will be given separate awards for (9-10, 7-8, and 6 &amp; Unders).</li> </ul> </li> <li>• Relay events: Ribbons will be awarded for 1<sup>st</sup> through 8<sup>th</sup> Place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• On Friday, all Events will require a Positive Check-in.</li> <li>• On Saturday &amp; Sunday all events, except #57 &amp; #58 will be pre-seeded.</li> <li>• Swimmers in the all sessions should report directly to the blocks for their events.</li> <li>• Events #57 &amp; #58 will require a Positive Check-in to swim.</li> <li>• Positive Check in will close at 5:45 PM on Friday.</li> <li>• Positive check-in will close at 8:00 AM on Sunday Morning (The end of Warm-ups).</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> </ul>

<b>PENALTIES:</b>	Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event swum illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event(s) swum</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The overhead start procedure will be used for the all sessions at the discretion of the Referee.</li> <li>• The scratch procedures listed in the current <i>USA Swimming Rules and Regulations</i>, Article 207.11.6, sections D and E only will be in effect and modified as follows: The scratch rule regarding finals will apply to all three heats of the Finals Sessions.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.</li> <li>• In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet             <ul style="list-style-type: none"> <li>○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Tommy Lovell</b>  <b>Email: scoutmastertommy@gmail.com</b>  <b>Phone: 757-223-7804</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Glenn Watkins. Email: gaw1717cox.net Phone# (757) 871-1892 no later than Sunday November 27, 2016.</li> <li>• An Officials Meeting will be held 1 hour before the start of the Morning and Afternoon Sessions each day.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the Williamsburg Aquatic Club website (<a href="http://www.swimwac.com">www.swimwac.com</a>) no later than Tuesday November 29, 2016, and will also be emailed to the contact person of each of the individual clubs.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Coaches and Officials Hospitality will be available</li> <li>• Meet Programs will be sold.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• Please read thoroughly. Rules will be enforced by the Meet Marshalls, the Aquatic Center Staff and the Fort Eustis Fire Marshall..</li> <li>• <u>FORT EUSTIS AUTOMOBILE ACCESS REQUIREMENTS: DRIVERS LICENSE, AUTOMOBILE REGISTRATION, AND PROOF OF INSURANCE ARE REQUIRED TO ENTER</u></li> </ul>

	<p><u>FT. EUSTIS.</u></p> <ul style="list-style-type: none"> <li>• Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator that violates Aquatic Center rules, posted at the pool and in the meet program, will be disqualified from the meet and escorted from the facility.</li> <li>• The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.</li> <li>• Deck Access: Access to the competition pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.</li> <li>• SWIMMERS WILL NOT BE ALLOWED IN THE BALCONY AREA. THE BALCONY SEATING AREA WILL BE FOR SPECTATORS ONLY. SWIMMERS MUST STAY ON THE COMPETITION POOL DECK.</li> <li>• The Adventure Pool side of the building WILL be available for seating on Saturday and Sunday.</li> </ul> <p>All Swimmers are required to shower before entering the Pool. Deck Changing is prohibited.</p>
<p><b>DIRECTIONS:</b></p>	<ul style="list-style-type: none"> <li>• From I-64 take exit 250(Ft. Eustis Blvd) towards Ft. Eustis. Go 4 blocks past security and through the circular intersection. Turn right at the 1st Street (Tyler Road) part the circular intersection. The Aquatic Center is the building on the left. If the lot is full, additional parking is 100 yards ahead on Tyler road.</li> <li>• Please let your families know that in order to drive a car onto the base, you must have a Driver's License, the car's registration, and your insurance card.</li> </ul>

**WILLIAMSBURG AQUATIC CLUB MIKE WILLARD INVITATIONAL  
Order OF Events**

**Friday December 2, 2016**

<b>Evening Session</b>		
<b>Warm-up: 4:00 pm; Start: 5:00 pm</b>		
<u><b>Girls</b></u>	<u><b>Events</b></u>	<u><b>Boys</b></u>
1	11 & over 400 I.M.	2
3	12 & under 500 Free	4
5	13 & over 1650 Free	6

**Saturday, December 3, 2016**

<b>Morning Session</b>		
<b>Warm-up: 7:00 A.M.; Start: 8:00 A.M.</b>		
<u><b>Girls</b></u>	<u><b>Events</b></u>	<u><b>Boys</b></u>
7	13 & over 100 Backstroke	8
9	13 & over 200 Freestyle	10
11	13 & over 100 Butterfly	12
13	13 & over 200 Breaststroke	14
15	13 & over 200 I.M.	16
17	13 & over 100 Freestyle	18
19	13 & over 200 Medley Relay	20

<b>Afternoon Session</b>		
<b>Warm-up: 12:00 P.M.; Start: 1:00 P.M.</b>		
<i>(Times are approximate)</i>		
<u><b>Girls</b></u>	<u><b>Events</b></u>	<u><b>Boys</b></u>
21	8 & under 25 Free	22
23	11 & 12 100 Free	24
25	10 & under 100 Free	26
27	11 & 12 200 Breast	28
29	10 & under 50 Breast	30
31	11 & 12 50 Breast	32
33	10 & under 200 I.M.	34
35	11 & 12 200 I.M.	36
37	10 & under 50 Butterfly	38
39	11 & 12 200 Butterfly	40
41	10 & under 50 Backstroke	42
43	11 & 12 50 Backstroke	44
45	8 & under 25 Butterfly	46
47	11 & 12 50 Butterfly	48
49	10 & under 200 Medley Relay	50
51	11 & 12 200 Medley Relay	52

**WILLIAMSBURG AQUATIC CLUB MIKE WILLARD INVITATIONAL  
Order OF Events**

**Sunday December 4, 2016**

<b>Morning Session</b> <b>Warm-up: 7:00 AM; Start: 8:00 AM</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
53	13 & over 100 Breaststroke	54
55	13 & over 200 Butterfly	56
57	13 & over 500 Freestyle	58
59	13 & over 50 Freestyle	60
61	13 & over 200 Backstroke	62
63	13 & over 200 Freestyle Relay	64

<b>Afternoon Session</b> <b>Warm-up: 12:00 PM; Start: 1:00 PM</b> (Times are approximate)		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
65	8 & under 25 Backstroke	66
67	11 & 12 100 Backstroke	68
69	10 & under 100 Backstroke	70
71	11 & 12 100 Breaststroke	72
73	10 & under 100 Breaststroke	74
75	11 & 12 200 Freestyle	76
77	10 & under 200 Freestyle	78
79	11 & 12 100 I.M.	80
81	10 & under 100 I.M.	82
83	11 & 12 200 Backstroke	84
85	10 & under 100 Butterfly	86
87	11 & 12 100 Butterfly	88
89	10 & under 50 Freestyle	90
91	11 & 12 50 Freestyle	92
93	8 & under 25 Breaststroke	94
95	11 & 12 200 Freestyle Relay	96
97	10 & under 200 Freestyle Relay	98

**Finals Sessions**

**Saturday & Sunday – 5:00 P.M. Warm-ups – 5:40 P.M. Start**  
**All Warm-ups times are Approximate & based on the length of the**  
**previous Session. No warm-ups will begin any earlier than the stated**  
**time in the Invitation.**

**All events will be swum in the order of the Prelims Sessions**

**All Relays are timed finals, swum only in the Prelims Sessions.**