



**SEVA SEAHAWKS**  
**A/BB/B/C Meet**  
**November 12 - 13, 2016**  
**SANCTION NO. VS-17-32**

Hosted by:



South Eastern Virginia  
Aquatics

<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the approval of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-17-32</b></li><li>USA Swimming, Inc., Virginia Swimming, Inc., the Fort Eustis Aquatic Center, and South Eastern Virginia Aquatics Inc shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	Fort Eustis Aquatic Center, Building 641 (corner of Washington Ave. & Tyler Ave.), Fort Eustis, Va. 23604, Phone (757) 878-1090 or 878-1091
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>Eleven-lane 25 yard indoor pool and Keifer Wave Eater racing lane lines.</li><li>The competition will be run using between 4 and 8 lanes depending on the number of entries.</li><li>The Daktronics Automatic Timing System will be used during this competition.</li><li>The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4)</li></ul>
<b>MEET DIRECTOR:</b>	Dave Henderson (SEVA) Phone: (757) 897-6127 (cell) Email: <a href="mailto:SEVAseahawks@aol.com">SEVAseahawks@aol.com</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to all USA/Virginia Swimming registered athletes registered prior to the first day of the meet.</li><li>No on deck USA Swimming/Virginia Swimming registration will be permitted.</li><li>Age on November 12, 2016 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>The meet will be run in one session each day. Swimmers of all ages will compete in the same session.</li><li>All events will be timed finals</li><li>There will be a 5 minute break before the relays. Additional breaks may be added during the session if the Meet Director and Meet Referee feel they are needed.</li></ul>
<b>WARM-UPS:</b>	<ul style="list-style-type: none"><li>Warm-ups will be from 8:00 am to 8:25 am. The competition will start at 8:35 am.</li><li>Lane assignments for each club will be posted on the SEVA web site: <a href="http://www.sevaswimming.com">www.sevaswimming.com</a>. no later than Wednesday, November 9, 2016 and will also be e-mailed to the contact person of the participating clubs.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR RECEIPT OF ENTRIES IS MONDAY, NOVEMBER 7, 2016.</b></p> <ul style="list-style-type: none"><li>Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>Teams submit entries via e-mail.</li><li>A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>Coach Times (CT) and "No Time" (NT) entries will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT, must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li><b>Swimmers may enter a maximum of 4 individual events and 1 relay per day.</b></li><li>Relay teams must be designated A, B, C, etc. if a team enters more than one relay.</li><li>Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible</li></ul>

	<p>without exceeding the 4-hour/session timeline limit.</p> <ul style="list-style-type: none"> <li>The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine heats and events in which actions may require reseeding. Relays may be eliminated with relay fees being refunded.</li> <li>E-Mail Entries To: <a href="mailto:SEVAseahawks@aol.com">SEVAseahawks@aol.com</a></li> <li><b>Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Meet Director.</b></li> </ul>
<b>FEES:</b>	<p><b>Individual Events: \$6.00</b>  <b>Relay Events: \$14.00</b>  <b>Swimmer Surcharge: \$2.50</b> (entered in any capacity in the meet)</p> <ul style="list-style-type: none"> <li><b>Make Checks payable to: SEVA Inc.</b></li> <li>Mail payment to: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Phone: (757) 897-6127 (cell)</li> <li>Payment must be received by Saturday, November 12, 2016 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>Individual Events: Ribbons will be awarded for first (1<sup>st</sup>) through eight (8<sup>th</sup>) place</li> <li>11 to 18 year old events will be awarded 11 – 12, 13 – 14 and 15 – 18.</li> <li>13 to 18 year old events will be awarded 13 – 14 and 15 – 18.</li> <li>Heat winner awards will be given in all events.</li> <li>Relay Events: Ribbons will be awarded for first (1<sup>st</sup>) through third (3<sup>rd</sup>) place for each event.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>All events will be pre-seeded.</li> <li>Swimmers should report directly to the blocks for their events.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li><b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li><b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>The current USA Swimming Rules and Regulations will apply.</li> <li>Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's guardian to ensure compliance with this requirement.</li> <li>Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is PROHIBITED.</li> <li>In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credential will be permitted to act in a coaching capacity at this meet. <ul style="list-style-type: none"> <li>Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director.</li> <li>Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Tommy Lovell</b>  <b>Email: <a href="mailto:scoutmastertommy@gmail.com">scoutmastertommy@gmail.com</a></b>  <b>Phone: (757) 532-4378</b></p>

	<ul style="list-style-type: none"> <li>• Officials will be needed for all positions.</li> <li>• Anyone in the process of achieving certification through on-deck training is welcome. Opportunities for training will be limited due to the small number of lanes being used. Trainees will be accepted on a first come, first serve basis.</li> <li>• Contact: Ken Romney, SEVA Officials Chairman via Phone: (757) 329-9258 or Email: <a href="mailto:cletus.i.romney.civ@mail.mil">cletus.i.romney.civ@mail.mil</a>. Thank you for your help in advance.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs may need to provide timers in proportion to the number of swimmers they have entered in each season.</li> <li>• The number of timers required per club and their lane assignments will be posted on the SEVA web site at <a href="http://www.sevaswimming.com">www.sevaswimming.com</a> no later than Wednesday, November 9, 2016. On the home page, scroll down to “Team Updates” in the lower left.</li> <li>• This information will also be e-mailed to the contact person listed for each club.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>Meet Programs/Heat Sheets:</b> Meet programs will be sold for \$5.00.</li> <li>• <b>Snack Bar:</b> Concessions is run by a contractor of the Aquatic Center.</li> <li>• <b>Swim Shop:</b> There will not be a swim shop present at this meet.</li> <li>• <b>Hospitality:</b> For Coaches and Officials, a light breakfast and lunch will be served. Bottle water will be available on deck.</li> </ul>
<b>RESULTS:</b>	<ul style="list-style-type: none"> <li>• All results will be announced, and then posted on the wall in the hallway near the locker rooms.</li> <li>• Meet results will be e-mailed to all participating teams within 24 hours of the conclusion of the meet.</li> <li>• The results will be posted to the Virginia Swimming web site <a href="http://www.virginiaswimming.com">www.virginiaswimming.com</a> after the conclusion of the meet.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>PLEASE READ THOROUGHLY. RULES WILL BE ENFORCED BY THE MEET MARSHALLS, AQUATIC CENTER STAFF AND THE FORT EUSTIS FIRE MARSHALL.</b></li> <li>• <b>FORT EUSTIS AUTOMOBILE ACCESS: DRIVERS LICENSE, AUTOMOBILE REGISTRATION AND VALID INSURANCE CARD ARE REQUIRED TO ENTER FORT EUSTIS.</b></li> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool, will be disqualified from the meet and escorted from the facility.</li> <li>• <b>The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water must be in closed plastic containers.</b></li> <li>• <b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff are the only people permitted on deck during warm-ups and the competition.</li> <li>• <b>The Adventure Pool side of the building WILL NOT be available seating.</b></li> <li>• Parents are responsible for any siblings brought to the meet. Please chaperon them closely.</li> <li>• No glass, food, chewing gum.</li> </ul>
<b>DIRECTIONS:</b>	From the north/south, take Fort Eustis Blvd. from I-64 exit 250A, Route 17, Jefferson Avenue, Warwick Blvd. After passing through main gate, the road becomes Washington Blvd. In ½ mile you will come to a traffic circle. Go straight through. The first right will be Tyler Avenue. The Aquatic Center is on the left corner. Additional parking is available 50 yards past the entrance to the Center on both the right and left sides of Tyler Avenue.

# Order of Events

**Saturday, November 12<sup>th</sup>, 2016**

**Warm-Ups: 8:00 am – 8:25 am; Meet Starts: 8:35 am**

1	8 & Under 25 Freestyle	2
3	9 – 10 100 Freestyle	4
5	11 – 12 100 Freestyle	6
7	13 – 18 100 Freestyle	8
9	10 & Under 50 Breaststroke	10
11	11 – 12 50 Breaststroke	12
	<b>5 Minute Break</b>	
13	11 – 18 200 Breaststroke	14
15	8 & Under 25 Butterfly	16
17	10 & Under 100 Butterfly	18
19	11 – 12 100 Butterfly	20
21	13 – 18 100 Butterfly	22
23	10 & Under 50 Backstroke	24
25	11 – 12 50 Backstroke	26
	<b>5 Minute Break</b>	
27	11 – 18 200 Backstroke	28
29	10 & Under 200 IM	30
31	11 – 12 200 IM	32
33	13 – 18 200 IM	34
	<b>5 Minute Break</b>	
35	8 & Under 100 Free Relay	36
37	10 & Under 200 Free Relay	38
39	11 – 12 200 Free Relay	40
41	13 – 18 200 Free Relay	42



# Order of Events

**Sunday, November 13<sup>th</sup>, 2016**

**Warm-Ups: 8:00 am – 8:25 am; Meet Starts: 8:35 am**

43	8 & Under 25 Backstroke	44
45	10 & Under 100 Backstroke	46
47	11 – 12 100 Backstroke	48
49	13 – 18 100 Backstroke	50
51	10 & Under 50 Butterfly	52
53	11 – 12 50 Butterfly	54
	<b>5 Minute Break</b>	
55	11 – 18 200 Butterfly	56
57	8 & Under 25 Breaststroke	58
59	10 & Under 100 Breaststroke	60
61	11 – 12 100 Breaststroke	62
63	13 – 18 100 Breaststroke	64
65	10 & Under 50 Freestyle	66
67	11 – 12 50 Freestyle	68
69	13 – 18 50 Freestyle	70
	<b>5 Minute Break</b>	
71	10 & Under 100 IM	72
73	11 – 12 100 IM	74
	<b>5 Minute Break</b>	
75	11 – 18 400 IM	76
77	12 & Under 200 Freestyle	78
79	13 – 18 200 Freestyle	80
	<b>5 Minute Break</b>	
81	8 & Under 100 Medley Relay	82
83	10 & Under 200 Medley Relay	84
85	11 – 12 200 Medley Relay	86
87	13 – 18 200 Medley Relay	88

