



VIRGINIA SWIMMING, INC.

House of Delegates Meeting
Sunday April 26 at 1:00 pm
Video Conference

Agenda

1. Call to Order
2. Adoption of 2019 September HOD Meeting Minutes-*attached*
3. Treasurer's Report-*attached*
4. Officers and Committee Chairs/Coordinators Reports
 - General Chair
 - Administrative Vice Chair
 - Finance Vice Chair
 - Senior Vice Chair-*attached*
 - Age Group Vice Chair-*attached*
 - Safe Sport Vice Chair
 - Executive Director-*attached*
 - Athletes Chair-*attached*
 - Coach's Chair-*attached*
 - Officials Chair-*attached*
 - Open Water Chair
 - Operational Risk Chair
 - Diversity Chair-*attached*
 - Disability Chair-*attached*
 - Technical Planning Chair-*attached*
5. Presentation and Approval of 2020-2021 Annual Budget-*attached*
6. Proposed Policy and Procedures Amendments
 - a. VSI Endowment Proposal-*attached*
7. New Business
8. 2020 Fall House of Delegates meeting September 13, 2020 Location
TBD
9. Adjournment

Mission- Virginia Swimming creates opportunity and promotes Sportsmanship in the pursuit of personal excellence
Vision- Virginia Swimming moving forward, swimming fast

VIRGINIA SWIMMING, INC.

HOUSE OF DELEGATES MEETING

Sunday, September 29, 2019 at 1:00 pm
Double Tree Midlothian Virginia

MINUTES

1. Call to Order - The meeting was called to order at 1:02 pm.

2. Minutes from April 2019, House of Delegates meeting

The motion to approve the minutes was voted on and approved.

3. Recognition of Volunteers

a. Jessica, Ashby, David, Peter, Gordon, Dan, Terry, and Kevin finished their terms on the VSI BoD

b. Bob Rustin Phillips 66 Outstanding Service Award

c. Mary Turner finished her term on the USA-S BoD

4. Treasurer's Report – Bob Rustin

The motion to approve the Treasurer's Report was voted on and approved.

- Bob Rustin report that the finances of the LSC are healthy. The revenue for the last year was on budget. Championship meet revenue was not included in the budget as written in April 2018. There was a small profit on the Zone meet and the Senior Champs meet. The awards banquet line item is zero because the event did not occur in the fiscal year. Travel reimbursements were over again. Juniors were the most popular for travel meet for reimbursement. The Zone team was budgeted for 100 swimmers, but we had 77 swimmers. The revenue was lower and the expenses were a little higher. We paid more in helping the team because the team was smaller.

5. Executive Director's Report - Mary Turner

- Coaches should be aware of changes to requirements on January 1, 2020. Concussion Protocol Training (CPT) and Coaches Advantage Training (CAT) are required after January 1. Get the certificates to the office. Coaches Advantage Training renews for one year from the date taken. The Athlete Protection Training (APT) is also expiring 12 months from the day you took it. Remember to go to the end of the course and complete the survey so the course will match to the account. An automatic email is sent when the course is completed.
- The business office no longer sends membership cards.
- Clubs who host meets must send a representative to the meet director's workshop within the last two years.
- Non Athlete Registration form sent earlier in the year had a typo. The form has been corrected and posted on the website.
- Please send in the Registration Summary Form with checks. If you use the online payment system, the form is preferred but not mandatory because PayPal will break down the payment.

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- Swimposium 2020 will be sponsored by USA Swimming and will occur September 11-13, 2020. There will be components for officials, parents, coaches and athlete clinic.
 - Virginia Swimming will host the following Zone meets for 2020
 - SC Super Sectional meet – Christiansburg
 - LC Super Sectional meet – CSAC in Richmond
 - LC Zone Meet - Liberty
6. Age Group Season Highlights & Committee Report – Drew Hirth
- The 2020 LC Age Zone meet will be a 14 and under meet. The committee recommends to the Zone a 11-14 prelims/finals and 10 and under timed finals format. The committee voted to change the number of required qualifying times from four to three. The registration date for 2020 Zones is now week later because 15 and overs are no longer in the meet. The Women’s Zone Team finished in fifth place. The Men’s Zone Team finished in sixth place.
 - The motion to change the reduce the number of qualified events for Zones from four to three was approved.
 - The committee is looking at moving one of the relays from Saturday to Sunday to make Saturday shorter for Age Group Champs.
7. Senior Season Highlights & Committee Report – Steve Hennessey
- At the Senior Committee meeting, the new committee members were introduced. The committee is still looking for an additional representative from the North district.
 - The committee reviewed Swimmer of the Year selection procedures. There was no negative feedback. The committee used Hytek Power Points instead of USA Swimming Power Points.
 - Senior Champs:
 - The committee considered increasing the event limit for Senior Champs from six to seven events. The proposal did not carry in committee.
 - Qualifying times from bonus events were removed. Bonus events are only for events 200 or shorter. The bonus swim structure was revamped as follows: 1 qualifying time, 2 bonus swims. 2-5 qualifying times, 1 bonus swim. Swimmers cannot swim more than 6 individual events. Bonus swims must be 200 yards/meters or shorter. If a swim has the QT in the 800/1000 or the 1500/1650, the swimmer is qualified to swim each distance. This is not considered a bonus swim.
 - The committee is looking to rotate events, but they need make sure they do not affect timelines.
 - They will maintain the four heat concept for the meet so there are more opportunities for 15-16 year olds.
 - The committee would like to develop a Senior Circuit for the next season. They will review questions of format, when, and the goal of meet. Support is needed from teams for the meets in order for them to happen.

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- The committee will develop one day events for Senior swimmers for practice, information sharing across the LSC.
 - The committee reviewed information from the 2019 Convention. There are currently Olympic Trials 1100 qualifiers. USA Swimming is considering flighting prelims for the first two days of trials. For the next Quad, there will be a short course/long course time trial.
 - The committee will send information to Jill to add trials qualifiers to website.
8. 2019 Long Course Zones Report – Maureen Tolliver
- The new deadline for applying to the meet will be a week later now that 15 and overs are no longer in the meet.
9. 2019-2020 Meet Schedule & Technical Planning Report – Jessica Simons - no report
10. Other Committee and Officer Reports:

Athletes – Maddie Wallin

- The Scholarship Task Force will be comprised of one coach, two adults and two athletes. The application will go out as soon as possible. Winners will be announced at Short Course Senior Champs. There will be two winners at \$3000 each.
- There will be a one day Leadership Summit tied to the athlete clinic in 2020.
- The committee would like more athletes to become involved in the committee. They will use social media to promote. Athletes not on a committee should join any VSI committee
- The athlete committee would like to have T-shirt design contest for the VSI Championship meets in 2020.

Coaches – Mike Salpeter

- The committee needs an athlete to join the committee.
- There will be USA Swimming Regional Coach Clinic in Virginia in 2020.
- Richard Hunter (TIDE) and Alex Rayle (CYAC) were selected by their peers as Coaches of the Year and recognized at the Awards Celebration.
- Jeff Kincaid and Alex Rayle will attend the Coach Leadership meeting.
- Mentorship for coaches is returning under the coaches committee.
- Newsletter will go out to coaches soon.

Disability – Report posted on the website

Diversity – Peter Maloney

- There will be a Diversity Camp in April/May in Fredericksburg.

Membership/Registration – Mary Turner

- Flex did very well in LSC.

Records – Jessica Simons

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- Discussed residency requirement for setting LSC records in Age Group Committee.
- Records have been updated.

Safe Sport – Maureen Tolliver

- MAAPP policies cannot be modified. Waivers cannot be created. The policies must be adhered to.
- Check in with Maureen if there are questions about the Safe Sport Club Recognition. A sign-in list for parent and athlete participation can be used to get some of the requirements completed.
- Every club needs to have a Safe Sport representative.

Officials – given by Bryan Wallin

- Swimposium was held on September 28.
- Announced volunteers of the year
 - Erica DeVito (CYAC)– Southwest District
 - Glenn West (NOVA) – Central District
 - David Hillary (TIDE) – Southeast District
 - Bill Fairfax (RAYS) – Northern District
 - Michael Hall (QSTS) – Volunteer of the Year

Operational Risk- no report

Open Water - Stephanie Suhling

- Three athletes have been added to the committee.
- Open Water Zone Meet awarded to Connecticut on June 27.
- There will be an Open Water meet in Christiansburg on June 27. This meet will serve as the Open Water State Championship.
- There is money to help from the Zone to host a meet. The bid is still open for 2020 through November 1. TIDE is interested in hosting.

Webmaster/Equipment – Jill Rhyne

- Getting out equipment business.
- Webmaster position will be open for bid later this year. It expires September 1, 2020.
- Please submit comments or critique to John Stanley or Mary Turner.
- Send Jill updates to pages on the website. She will update only with information sent.

11.Unfinished Business - none

12.New Business

- Proposed Changes to the Policies and Procedures – Kevin Hogan
 - Bryan presented the thirteen policies and procedures up for vote.
 - Mary asked to have Section 47 pulled for consideration and discussed.
 - Motion to approve the policies and procedures was approved.
 - Section 47 – Mary is concerned with the meet announcement language. She proposed removing the first sentence – “any

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athlete sustaining a concussion shall be immediately reported to the meet referee." Keep the second sentence as it is what state law requires for high schools. Concerned the first statement could open up the LSC to liability.

- Motion to strike the sentence was given and seconded.
 - After discussion, the amendment passed.
 - Modified language for 47.7 was proposed. "An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from the competition and shall not return to competition that day. The athlete may return to competition on a subsequent day but only with a release authorization signed by a licensed healthcare provider." Amendment approved.
 - Motion to approve the amended Section 47 was approved.
- VSI Endowment – John Stanley
 - A task force created a year ago. Seeking input from delegates.
 - The fund will focus on athlete activities – scholarships, camps, zones, etc.
 - Committee will meet again in October and present to the board in February and will go for vote at April HOD.

13. Announcements

- Hall of Fame – Bill Geiszler
 - First inductees are Jeff Rouse, Whitney Hedgepeth, Diane Cayce, Dudley Duncan, Louise Limerick, Walter Smith. The inductees are listed on the Hall of Fame web page. There are plans in the works to formally recognize the Hall of Fame

14. Adjournment

The meeting was adjourned at 2:13 pm.

Treasurer's Report

*** Expenses ***				
USAS Registration	499,100	20,580	8,416	448,161
USAS Club Dues	3,500	70		2,310
				-
Travel - US Open	2,500			-
Travel - Winter Nationals/Paralympic/Other	22,500	500		19,600
Travel - Summer Nationals	13,500			2,750
Travel - Olympic Trials / World Team trials	15,000			-
Travel - National Youth Team	1,500			-
Travel - Discretionary	3,000			-
National Meet Travel - Coaches	8,000	500		3,300
				-
Senior Champ Meet Support	10,000			-
Va. Championship Meet Expenses	30,000	1,134	36,549	37,683
Zone Meet Expenses	50,000			-
Sectionals Meet Expenses	10,000		6,509	6,509
LC Zone Team Support	84,025			-
Champ Meet Awards	25,000	11,986	20	13,868
				-
Staff Salaries	68,750	5,888	5,888	41,216
Payroll Taxes	6,350	484	463	3,241
Benefits	2,400			-
Webmaster	21,000	1,792	1,667	11,169
Web Upgrades	3,000			923
Administration Expenses	14,000	504	830	6,529
Supplies & Misc.	3,000	18	790	2,032
				-
Awards Banquet	40,000			27,349
National Convention	16,000			11,648
Zone Meeting	3,000			-
				-
Equipment	3,000			450
Officials Workshops / Training /Travel	20,000	768	2,032	14,771
				-
USAS Workshops	6,000		805	3,100
VS Camps & Clinics	4,000			5,981
VS Workshops	1,000			-
				-
Diversity, Outreach Reimbursements	10,000	229	725	2,916
Diversity / Travel, Other		312		312
Make a Splash/Learn to Swim Grants	6,000			-
Safe Sport Programs	2,000			-
Coach Mentoring Program	2,000			-
Athlete Scholarships	6,000			-
				-
Total Expenses	\$1,015,125	\$44,765.06	\$64,692.61	\$665,816.88
Net Income / Loss	(\$11,125.00)	\$20,541.13	(\$9,630.22)	\$101,371.05

Virginia Swimming, Inc. Senior Committee Report

1. Eastern Zone Meetings:

- Cancelled EZ LC Age Group Champs and LC Senior Champs
- EZ LC Qualifying times will roll forward for 2021.
 - Qualifying period will remain January 1, 2019
- Meets for 2021 (Non-Olympic Year format)
 - SC 2020-2021 – two SC sectional meets
 - May 2021 – LC Super Sectional (CSAC in Richmond has a bid for the meet)
 - August 2021 – EZ LC Age Group Champs in Virginia

2. VSI Senior Champs Review

- **Participation** in the SC Senior Champs meet for last 5 years - Growth in number of athletes and entries as was the desired effect. Timelines were favorable allowing for more room.

	2016	2017	2018	2019	2020
Swimmers	536	540	552	589	653
Individual Entries	2364	2448	2315	2689	3125
Relay Entries	259	241	237	252	272

- **Dual courses:** Two SC senior champs meets before major format changes will be considered.
- **Bonus consequences:** The Senior Committee will review qualifying times. Drew will review times for AG Champs. USA Swimming has not yet stipulated what they will do with time standards for the new quad. Bonus swims may become more desirable. Delwyn Jones was concerned that he had Age Group athletes who could participate at Senior Champs than at AG Champs. This was driven by the bonus events.
- **Scheduled Breaks**
 - Recommend the meet invitation include scheduled breaks.
 - Making sure there is a 15-minute scheduled break (adjusted as needed) before and after relays and not alter the meet format with what we have currently with 400 IM/500 Free. Seeding 400 IM and 500 Free when it was a dual course meet will run in normal event order.
- **Options for future meets**
 - Changing to 15-16 finals heat to 16&U
 - Changing the meet entry deadline to the normal entry deadline (10-days prior to the start of the meet) with a Late-entry entry period for newly qualified swimmers in new newly qualified events.
 - Rotation of Senior Champs order of events – Jonathan Kaplan and Richard Hunter will review and report back to the sub-committee.
 - John Poorman offered to serve on the sub-committee
 - **Senior Champs Order of Events Sub-Committee: Jonathan Kaplan, John Poorman, and Richard Hunter**
 - Moving SC Senior Champs to late November/early December.
 - In 2001 and 2002, Senior Champs was in December. There are now more opportunities in the spring that makes this possibly a good option.
 - Addressed the gap for Age Group swimmers aging out in the spring
 - Moving the date of Senior Champs would still allow for teams to host a December meet, allows the LSC to provide racing opportunities for less accomplished athletes in January/February with a spring opportunity after the high school season for faster athletes.
 - The potential of moving senior champs to the late November/early December time frame will be investigated as a future approach.
 - Potential solution for the log jam of meets in February and March for most HS age swimmers.
 - Depending on our “return to play” we could potentially try this out this year. If so, a March meet would be needed to provide an opportunity for non-Junior National athletes.

- Athlete reps acknowledged this would be very different for the athletes but if we continued to have a March meet as well, it does have possibilities.
- Karen Sundahl and Greg Guilden have both offered to work on the sub-committee

Senior Champs Meet Scheduling Sub-Committee: Chad Onken, Jeff Kincaid and Jonathan Kaplan, Karen Sundahl, and Greg Guilden

3. **Virginia Senior Circuit** – We are exploring the interest and feasibility to having a circuit with meets in October, November, and January.
- The January meet would mirror our senior champs format.
 - These would be smaller, more intimate meets.
 - Discussion was tabled. Richard Hunter, Peter Maloney and Morgan Cordle with Steve Hennessy are willing to serve on a sub-committee to review a possible Senior Circuit.
 - John Poorman offered to work on the sub-committee

Senior Circuit Sub-Committee: Richard Hunter, Peter Maloney, Morgan Cordle, John Poorman and Steve Hennessy

4. **Region Champs Format/Championship Progression**

- Timelines currently used have issues.
- Having a four district meet option will likely be more enjoyable experience for the athletes and families.
- Holistic review of the entire LSC for these meets should be examined.
- Looking at the order of events for each day of the meet instead of creating four districts may provide a timeline solution. Additionally, it was brought up that moving to 4 district level meets would render each meet to a less competitive environment with less than 300 swimmers at each meet.
- Facility set up for each meet, Region or District must be equal.
- Committee was informed that JRSSC is having issues with the 2nd day of the meet (Saturday) due to Fire Marshal concerns over the number of people in the building.
- Formed a sub-committee of Delwyn Jones, Megan Garland, Mike Salpeter and Ryan Woodruff with Ben Eichberg to discuss the Regional Champs options. Each district is represented on the sub-committee.
- Mike Wenert offered so serve on the sub-committee

Regional Champs Sub-Committee: Delwyn Jones, Megan Garland, Mike Salpeter, Ryan Woodruff, Ben Eichberg, and Mike Wenert

5. **LC Season Planning:** USA Swimming released a memo saying LSCs are not obligated to hold Championship Meets.
- Consensus was to hold a culminating event, but not a traditional championship meets.
 - Offer something to look forward to is important. It may not be the same meet that we usually have.
 - Prepare for multiple scenarios to account for “season” start and finish.
 - Proposed for clubs to host SC or LC meets as they deem appropriate. Also meets that will fit the guidelines of group activities.
 - Minimizing travel requirements for meets
 - Athlete reps believe having a culminating meet is important to athletes. It is hard to work towards nothing.
 - Retention of athletes will be important.
 - Intra-squad Meets and Virtual Meets can be fun, but experience with virtual meets is limited.
 - Mike Wenert asked about athletes without Senior Champs cuts.
 - Emphasis was placed on gradual return to meets will be necessary, delaying sanctioning of meet for 2, 4, or 6 weeks to provide time for athletes to better prepared.
 - Delwyn, Steve, Megan, Mike, Sara will all work on a sub-committee to craft draft schedules.

Draft Schedule Sub-Committee: Delwyn Jones, Steve Hennessy, Megan Garland, Mike Salpeter and Sara Gaston

Virginia Swimming, Inc.
Age Group Committee Meeting
April 22, 2020

MINUTES

Call to Order

Drew Hirth

The meeting was called to order at 4:02 pm.

Drew announced that we are using the Zoom webinar feature for the meeting. Attendees are not on the screen. The members of the committee are panelists and are visible. Mike Salpeter will answer the questions through the Q&A feature.

Mary Turner reviewed the procedures for signing up to vote in the House of Delegates meeting.

LC Season Planning

The VSI Board of Directors asked each of the committees to discuss return to play. All proposals will be considered. The BOD will consider input from each of the committees to help the LSC to get good ideas for return to play.

Using modeling initiated by Steve Hennessy as a conversation starter, several scenarios were offered. Do we follow a regular progression of meets through championship meets or extend further into August or September?

The Eastern Zone decided to cancel the Senior and Age Group Zone meet at their meeting on April 19.

MC Thomas asks if it is possible to decide if we can hold meets. Most clubs are trying to figure out how to start practices again. She asks if adding a championship meet puts pressure on clubs to get back into the water.

Drew asks whether VSI should try to host Championship meets at the end of any season whenever it may end. He reiterates that we are talking about contingency plans.

- Scott Baldwin asks what the date cutoff would be for holding a LC season.
- Drew notes we will likely need to do what we can to hold onto our athletes. Taking a month off in August if we get back into the water in late June/early July is detrimental.
- MC suggests perhaps moving the SC season up and starting LC earlier in 2021.
- Jonathan Kaplan suggests running a LC season later into the SC season, running the SC Championship season later into the winter.
- Aidan Duffy thinks the LC season is important.
- Maureen suggests using virtual meets to help with costs to the clubs and limits the team travel. Smaller meets will be in our future.
- Drew suggests that Age Group Champs could be the same meet at different locations to keep the numbers down and limit the costs on families. A virtual meet can be used to combine results and score.

- Karen Keenan says it will take another two and half months to get athletes back into shape.
- David Schreck suggests a short SC season and start LC season in January.
- Chad Onken suggests forgoing a LC season.
- Dave Henderson says if we do a LC season with a Championship meet it would be three months from the time we get back into the water with few meets during the first month and moving into a championship meet in month three.
- Anthony Pederson asks if anyone has talked to facilities. JRSSC is not interested in holding meets until September. CSAC is open with the potential exception of US Masters weekend (August). BMAC can do 1-2 meets in August. They do not want to have any meets in late August/early September when they are closing down beaches and outdoor facilities. Liberty and CAC is willing to get going once things are opened up again.
- A question from the Q&A feed: Can AG swimming and Senior swimming go in two different paths in terms of Championship meets? The committee felt it was possible to separate the schedules.

2020-2021 Championship Meets

The committee discussed recommendations of the following meets with multiple bids.

8 & U District Champs:

SE ODAC @ ODU
 757 @ WISC

Drew suggested maybe alternating meets between the two facilities. WISC has 10 lanes versus 8 lanes at ODU. The WISC facility may be able to offer more for the meet. ODAC did a great job hosting at ODU. WISC locker rooms were an issue. ODU cannot do 100 relays because it is too shallow on the turn end.

The motion to support alternating the meets in the SE district between ODU and WISC and holding the meet at 757 @ WISC. The committee approved this motion.

SW CCA @ Salem Family YMCA
 CYAC @ Brooks Family YMCA

The Brooks Family YMCA is interested in starting to host more USA Swimming meets. Scott is concerned about minimizing travel and going to Charlottesville puts 75% of athletes having to travel 1.5 hours or more. Bridget disputes.

Drew suggests alternating the meet between locations. An alternating plan may be too simple because more than 2 teams might like to host this 8 and Under meet like Lynchburg Y.

The motion to recommend that the meet be awarded to CYAC at the Brooks Family YMCA. The motion was approved by the committee.

SW 9-12 District/Blue Ridge 13 and O Regional Champs

CCA @ CAC
 LY @ CAC

The motion to recommend that LY host this meet was approved.

SC Age Group Champs

HOKI @ CAC

SRVA @ CSAC

LC Age Group Champs

SRVA @ CSAC

SEVA @ CSAC

The motion to recommend that the location for SC Age Group Champs will be CAC and the LC Age Group Champs location will be CSAC hosted by SEVA was approved.

SRVA is ok if other teams want to host the meet at CSAC

Age Group Time Standards

Qualifying Time Period: The normal qualifying period is January 1, 2020 to the start of the meet. There is a sentiment to make the qualifying period to January 1, 2019. The Zone will use 2019 for meets in the Eastern Zone.

The motion to extend the qualifying period for the Age Group qualifying times for all Championship meets will be from January 1, 2019 to the first day of the meet was approved.

Time Standards: Dave proposes that we make it a minimum of an A time for the qualifying standard. The majority of the committee believes the time standards should be reviewed in October. Steve Hennessey offered historical perspective on the process and recommended that procedures should be written down.

Athlete Representatives for the Age Group Committee

Drew asked for ideas for two new athlete representatives suggestions be emailed to him.

New Business

Regional Alignment for the Regional Champs Meets: Jessica Simons suggests that the SE Regional was at its limits. She also suggests that DC, SRVA and RACE move to the Northern region. Anthony Pederson said athlete numbers were too great for the 13 & O Northern Region meet. It was suggested that a fourth region in the Central area be created.

The topic is on the agenda for the Senior Committee meeting and they will take ownership of the regional meets.

Thank you to DC Hellams for your service. Welcome to Aidan Duffy and Drew Crockett to the committee.

The meeting was adjourned at 5:30 pm.

Committee Panelists: Drew Hirth (Chair), Scott Baldwin, Hayley Geiger, Anthony Pederson, Dave Henderson, Drew Crockett, Aidan Duffy, Mike Salpeter (not on Committee – Q&A attendee facilitator), DC Hellams, Maureen Tolliver, Bridget Burkot, MC Thomas, Jessica Simons

Virginia Swimming, Inc.
HoD Meetings
April 26, 2020
Executive Director Report

2020 Registrations	April, 2019 #
Athletes: 6172 (inc. 182 who have upgraded to Premium)	6320
Flex: 777 (350 New)	716
Outreach: 65	56
Seasonal: 0	13
Total: 7014	7105
Non-Athletes: 972 (inc. 16 Life)	962
Clubs: 46	46

Athlete Protection Training: Remember that athletes are required to complete the APT within 30 days of their 18th birthday. An automatically generated email is sent from USA Swimming 30 days prior to that day, on their birthday and 30 days following it. Because of this, it is most important that we have the athlete's email address in SWIMS, not just the family email address. In December, SWIMS was modified to identify if an athlete's 30 day APT grace period expires during a swim meet and, if so, none of the athlete's times for that meet will be entered into SWIMS. Bottom line: the athlete must complete the APT **prior** to the first day of the meet in order for the times to count. Programming for meet recon has been updated and the report generated is now supposed to flag this. As with all issues on the meet recon reports, teams will be notified about this so that action can be taken.

Meet Director Workshops: We will be scheduling online workshops throughout the summer and sending out details as soon as we have identified dates. **Remember: A representative from each club or satellite hosting a meet this year must have attended a Meet Director's Workshop within the past two years.** Folks who attended the workshops held during 2018 will need to attend a workshop this summer as well as anyone who has not attended in the past. Any club is welcome to participate but Emily or I will be contacting the clubs that must renew this year.

Upcoming Zone Meets: All Eastern Zone sponsored meets scheduled for this summer have been cancelled.

Coach Certifications: In light of difficulties that coaches may have in completing certifications that require in-water or practical components, USA Swimming issued a statement several weeks ago explaining extensions that have been put into place. The American Red Cross (ARC) has since provided more information as it relates to their courses:

- Lifeguarding certifications expiring between 3/15/20 and 6/30/20 are eligible for a 120-day extension. Coaches may contact an instructor and request this extension themselves by going to: <https://www.redcross.org/take-a-class/classes/120-day-certification-extension/a6R3o0000014Sws.html?cgid=online-safety-classes&isCourse=true&storedistance=undefined#cgid=online-safety->

[classes&zip=morgan%2C%2But&latitude=41.03605599999999&longitude=-111.6768769&zipcode=84050&searchtype=class&start=2](https://www.usaswimming.org/classes&zip=morgan%2C%2But&latitude=41.03605599999999&longitude=-111.6768769&zipcode=84050&searchtype=class&start=2)

- Provisional CPR/AED certification can be obtained by contacting a certified instructor who will set up a course. The coach will be required to take the online course and then complete the practical portion of the course within 90 days. This is a full certification.

Information from Weekly LSC Leadership Meetings:

- National Meets – a final announcement about the summer meets will be made sometime next week. The current plan is to hold a Pro Series meet in November (in Richmond) along with the winter Juniors meets and Toyota Open in December as well as the regular lineup of Pro Series meets in the spring. Qualifying times for the December meets are still being worked on.
- Virtual Swim Biz – webinars will begin on May 5th. Currently planning to host two per week. Watch for announcements and be sure to attend.
- Financial Support – USA-Swimming will be announcing details of its program to provide funds to clubs and LSCs next week. The current focus will be on clubs that have not received any government or LSC assistance. Again, watch for more information.

LSC Select Camps: Virginia Swimming planned to host an IMX Select Camp on May 9th at St. Catherine's School. Unfortunately, it was another casualty of COVID-19. We do plan to host it in the future but no definite plans have been made at this time.

2020 Swimposium: Plans are almost complete for our event in September. USA Swimming will provide funding for several individuals to provide workshops at this event we have secured speakers for sessions for officials and parents. We also will be hosting an Athlete Leadership Summit and our usual athlete clinic with an Olympian that weekend. Please be watching for more information and cross your fingers that we will be able to hold the event as planned.

Announcements:

- Courses Unavailable May 22 – 25: Foundations 101 and 201, Club Leadership 101, and LSC Leadership courses will not be available during these dates. If you have started one of those courses, be certain to complete it prior to then.
- Club Leadership 201: Webinars are being scheduled for this course. Contact Tom Avischious for dates and times. tavischious@usaswimming.org
- USA Swimming Webinars: Check out the schedule of upcoming and recorded webinars now available on the USA Swimming website at <https://www.usaswimming.org/news-landing-page/2020/04/24/webinars>
- All Star Team: The list for short course is complete and will be published this week.
- Competitive Spirit Awards: Some teams have already submitted names of recipients but I will continue to accept names until May 15th. The earlier deadline was set so that awards would be available to distribute this weekend. So much for that! If you have not submitted names, get them to this office by May 15th and we will place the order.
- In order to get information out more quickly, Virginia Swimming now has a Facebook page as well as an Instagram account. Search for virginiaswimming on Instagram and Virginia Swimming on Facebook. The Facebook account is still a work in progress but please encourage your team to follow us on Instagram.

Thoughts from Webinars

Attributes of teams that will successfully emerge from current challenges are those that have done a great job of engagement, culture, and communication.

Athletes:

- This is an opportunity for athletes for athletes to learn and focus on the mental game of swimming. Opportunity for rejuvenation.
- Help athletes manage expectations – results in Dec. 2020 likely won't compare with what happened in 2019.
- Switch perspective and refocus. Ex. Being better overall athlete than in previous year – training harder, strokes improved, time drops from beginning of season to end (not necessarily best times overall), athlete find something he's doing better than anyone else and focus on it.
- Body is able to heal and recover now but need to be careful ramping back up once practice begins. Be entrepreneur with yourself, experience a personal renaissance.
- Technique and core can be worked on at this point – especially metal technique.
- Realistic expectations – change focus & go back to what you can do better. Remember to focus on little victories.

Coaches/Team:

- Think long term and take a breath!
- What can we do today? What can we do tomorrow?
- Coaches communicate with parents and athletes about plan for summer, remove pressure about end of season expectations
- Establish a mission but be flexible in thinking of ways to achieve it
- Develop plans for several scenarios and maybe work with facilities providing your plans for gradual return to play. Good time to forge relationships with facilities.
- Good time to recruit athletes from other sports since nobody is practicing.
- Follow state and local guidelines when returning to practice and meets. OSHA has published guidelines.

USA-Swimming :

- Not looking to cancel summer competitions totally but potentially make meets more local/regional.
- Looking at ways to be fair to athletes at higher levels – how to keep it as equitable as possible.
- Time standards – looking at changing eligibility dates for select camps.
- Plans to support clubs and LSCs that do have much in way of reserves.
- Will cover cost of Zoom license for teams that can't afford it.

- Disaster relief will somewhat follow format of what done in past.
- Suggestion for amount of LSC reserves:
 - 6-12 months for staff salaries
 - 6-12 months for services to athletes (prioritize)
 - funds to cover start-up
- creating virtual Swim-Biz
- publishing series of webinars
- providing marketing toolkit with templates for printed materials and social media

Athlete Meeting Report

Maddie, Jack, Jenni, Logan, and Ben

- We recommend Boone Fleenor and Molly Blanchard as new athlete at larges
- We got the information of some athletes interested in being on committees, Jenni sent that information out to the specific committees
- We are planning on doing a zoom meeting every 2 weeks
 - Doing the zoom in two different sessions, one with 12 and unders and then one with 13 and overs
 - To send out the information about the meeting, we are going to send it to coaches and also post it on the instagram
 - Athletes said they would rather be surprised if Olympians joined
- The committee came up with the idea of doing Virginia Swimming stickers and shirts
 - This is to help raise money for clubs that are struggling
 - To pick out the design, we are going to do a contest but then we pick two of our favorite designs and do a poll on instagram to pick which one
 - We are going to create a proposal for the board on how much it costs
- We are also getting pictures for a collage of all the athletes for the new website
 - To get these pictures we are going to be emailing coaches and asking on instagram
- Most athletes talked about wanting to go straight into short course
 - Their reasoning is that college swimming is more important than olympic trials
 - They also would want to see regionals in late January and senior champs in February
 - They were interested in doing short course prelims and long course finals
 - Or just doing a mix of long course and short course
- We also asked the athletes if they had any ideas to better our meets
 - They talked about how Senior Champs was very crowded this year and they would want to see the cuts for Senior Champs to be faster to make less people there
 - Their idea to do this was to look how many people there are in each event and make a cut off
 - They also talked about having bonus cut standards
 - They were thinking at bigger meets, having specific lanes for warming up/cooling down/pace
 - Athletes just really wanted to make a bigger emphasis on regionals
 - They were also wondering if there could be a makeup age groups, this would be for the 15 year olds that aged up and didn't get a final age groups
- Finally, the athletes really want to emphasize on that some teams might not be able to return at the same time as everyone else, but they want to make everything as far as possible

Athlete Meeting Report

Maddie, Jack, Jenni, Logan, and Ben

Here are the names of the athletes attending the meeting today:

Brody Salpeter, Ciara Graves, Austin Clark, Addy Roberts, Brook-Lynn Clark, Ben Eichberg, Lewis Rockwell, Boone Fleenor, Derek Lang, Owen Geddes, Jenni Ryniewicz, Bella Kimbel, Logan Euker, Kayla Dodd, Harrison Neuhaus, Molly Blanchard, Isabelle Crampton, Hannah Tse, Lexi Nusbaum, Olivia DeRosier, Allison Dodd, Fiona Williamson, Noah Spail, Cater Wasser, Cassidy Doyle, Jack and Maddie

VSI Disability Committee

Report - April 1, 2020

Samantha Tubbs was named to the National B team and she continued to train at the Olympic Training Center. She competed in the Para National Championships in Lewisville, Texas in December and in the Tropical Challenge in Grand Rapids, Michigan in January. She also went to the National Team Camp in Colorado Springs in January, 2020. She continues to take classes at DeVry University and she worked as a swimming instructor with Safe Splash Program at Colorado Springs. She is currently quarantined in Colorado Springs, unable to train or work and is mentally regrouping with the postponement of key competitions, Trials, and the 2020 Paralympics..” She is working to make the best of it all. “

Sean Harrington has less work at the hospital now at Chesapeake, due to lower volume of surgical cases, related to COVID-19. The YMCA is also closed, so he is riding his bike for miles and miles....

Joseph Peppersack excelled in the 100 backstroke in the Para-Pan games last fall, earing a SILVER medal. He has been swimming for the Univ of Mary Washington.

Pat Donohue worked at the Paralympic meet , Can/Am, in December , as an official . Pat has extensive experience with Disability Swimming Officiating and is a key member of the VSI Disability Committee.

As the COVID-19 virus expands, we ask you to keep your athletes safe. Although not swimming,, it is very important to maintain a healthy diet, keep active with daily exercise, and get plenty of sleep. Maintenance of a daily schedule is imperative. Take frequent walks outside , in your yard, or if confined to your house, do exercise sets 3 to 4 times per day. Use your computer to the MAX, to communicate effectively with your friends, peer students / team members, and your teachers if still in school. Look at creative ways to communicate with those individuals who may not have access to a computer.

If you have any signs of a respiratory infection (Fever, persistent cough, trouble breathing) then report to your doctor or emergency room or Urgent Care clinic, for a timely evaluation . Wash your hands every chance you get !! Stay Well. !!!

Respectfully submitted,

David Strider, RN, CCRN, ACNP, DNP

Chairperson – VSI Swimming Disability Committee



VSI LSC Officials Committee ZOOM Meeting Agenda

April 2, 2020, 7PM

1. First, welcome Lewis Rockwell who stepped up as our Athlete Representative. Thank you, Lewis! Comments?
 - Lewis thanked the committee for allowing him the opportunity to represent the athletes in VSI.
 - In his view, he believes the VSI Officials do a great job
 - Has heard some rumors from other swimmers, that one official is always in the lane where his son is swimming.
 - We explained to him our creed and philosophy that we are unbiased, and we do not represent any team while we are on deck. If any official is showing favoritism to a swimmer and acting outside of our protocols they are violating our standards of conduct.

2. Notes from LSC Officials Chair conference call – April 1, 2020
 - Professional documents have been updated on the National Certification page dated March 2020
 - New Uniform Vendor on USA Swimming
 - Yearly On-line testing shutdown from 4/15-5/1 to update rules for new rule book
 - i. Unfinished tests will get an email on 4/10 about same
 - FAQ for Officials is outdated
 - Virtual Meets – Essentially an intersquad meet competing against other team(s) with merged results. Commonly used in sparse LSCs like Alaska. I have attached that document and sent to John and Jessica as information.
 - We ARRE Mentors workshop N3 Evaluators in Dallas has been changed to a ZOOM meeting on Saturday April; 4th.
 - i. USA Swimming will try to record for playback
 - OQM Meets and Cancellations
 - i. 6/30 and 12/31 to dates for National Certs
 - ii. 3 yrs before expiration, if not completed by then the official is required to complete a new evaluation. This does not apply to evaluators, once they expire, they must complete a re-evaluation
 - iii. For Initial N3, Officials have 3 yrs to complete their N3f. Since COVID struck, USA National Officials Committee (NOC) has extended their



VSI LSC Officials Committee ZOOM Meeting Agenda

April 2, 2020, 7PM

deadline to 9/1/20, if they completed their N3i between 3/12/17 and 5/31/17.

- iv. A question came regarding applications for Juniors with an expired National Certification. Still apply, NOC will evaluate eligibility case by case.
 - Deleting Meets –
 - i. NOC is going to add another dropdown selection Cancelled to keep Sanction numbering for OQM
 - ii. I let Jessica and John know of the same. Not sure if VSI will implement as well.
 - National Cert team looks back 3 years, if current eval on S&T and CJ for a DR recert, will recert all of those positions.
3. USA Swimming, WE ARRE MENTORS Workshop for N3i and N3 Final Evaluators April 3rd-5th, Dallas, Texas. Kevin Hogan will attend, as previously noted, this was turned into a Zoom meeting
4. USA Swimming 2020 Zone workshop – Art Zachary will attend. Postponed to 4/30-5/2 most likely turned into a Zoom meeting
5. Meet feedback so far this year
6. Training cards updated on VSI website
7. Zoom clinics- Getting information from PVS who use this platform
 - Probably best we start using this
 - Can set up a Google Form for sign up to limit #
 - We decided to try this as an option for initial clinics.
 - These clinics will be by districts.
8. Items for the Newsletter:
 - Terry Randolph retirement
 - Advancing into other positions
9. Publish chase start procedures by end of April
 - Send out info to all for review



VSI LSC Officials Committee ZOOM Meeting Agenda

April 2, 2020, 7PM

- Lewis mentioned he understands when the use, albeit not a fan. He does not like swimming distance with two per lane which happens in other LSC. VSI policy we do not allow 2 per lane in distance.

10. N3 Evaluators for VSI hosted meets: **All cancelled**

- ~~March 26-29, 2020 Speedo Super Sectional Spring SC Christiansburg, VA — **Kim and Michael Downs: Cancelled**~~
- ~~May 28-31, 2020 Speedo Super Sectionals LC Collegiate School Aquatic Center, Richmond, VA — **Ron Van Pool Cancelled**~~
- ~~August 5-8, 2020 LC Age Group Championship Liberty University, Lynchburg, VA — Barbara Chambers cannot make it, have asked Eric Peterson from IL awaiting response **Cancelled**~~

11. DR training:

- The following completed their training: Ben Ackerly, Shelly Sykes, Ralph Ingraham, Kelly Warnagaris, Kris Sennett, Greg Owens, Jessica DeJong
- Initial candidates for Fall 2020:

These are the championship meets remaining for this year:

Dates	Host Club 2020	Meet	2020 MR	OQM	Evaluators
7/10-7/12	TIDE	Summer Awards	Art Zachary		NA
7/10-7/12	RAYS	Summer Awards			NA
7/10-7/12	HOKI	Summer Awards			NA
7/16-7/19	LY-Liberty	LC Senior Champs	Ralph Jones	N2/N3 S&T	
7/23-7/26	SEVA-CSAC	LC Age Group Champs	Ken Romney	N2/N3 S&T	
8/5-8/8	LY-Liberty	EZ LC Age Group Champs		N3	TBD
8/12-8/16	USMS	2020 USMS Summer Nationals	Bob Rustin	N3	TBD



VSI LSC Officials Committee ZOOM Meeting Agenda

April 2, 2020, 7PM

Please let me know if you have any suggestions for the meets without MRs in yellow, and we will see if we'll suggest them to the host clubs.

12. Officials SWAG for District Chairs– John Squires update

- Clipboards: Could repurpose them as gifts for Swimposium



13. Official Apparel – BSN is our provider and the orders are not fulfilled until the order period is closed. Scott update.

14. Recertifications – VSI Officials handbook requires a minimum of 8 sessions worked at USA Swimming sanctioned/approved/observed meets or USMS sanctioned/recognized meets within the calendar year. Recertification requirements are based on the highest position for which recertification is sought. Unless requested otherwise by the official, Referees will automatically be recertified at Starter, Stroke & Turn Judge, while Starters will automatically be recertified at Chief Judge and Stroke & Turn. Administrative Officials will automatically recertify at recorder and timing equipment operator at the LSC level, provided they have met the 8-session requirement, either in one position or combination. As District Chairs, I offer you some latitude and trust your judgement. If some folks have been deployed and are/short session, they may, not necessarily required, to retake the recertification, or full test for each position to remain certified. You will have to decide which is the best course, based on the circumstances. I'll take care of the Deck Referee's recertifications.

- Beth has an example to she would like to discuss to make sure we are all on the same page

15. New DQ Slips are circulating within the LSC and we need to create a new file for uploading into Meet Manager to match. Still working on this, I think there is an issue with the number of fields available in MM to put the new codes in.



VSI LSC Officials Committee ZOOM Meeting Agenda

April 2, 2020, 7PM

16. Now is a good time to start working on your district's succession plan, identifying and talking to officials who you think should be obtaining additional qualifications. Those folks who reach out to you or you chat with, write down a track plan for them on what they need to accomplish to reach their end goal.
17. John Squires is going to work on correcting the Meet Report bug. I sent him the Word file and a sample of the error.
18. If I left anything out, please let me know and I will add accordingly.

Thanks for all you do for our Sport!

Sincerely,
Dan

Attendance: Dan D., Lewis R., Bob R., Michael S., Genny K., George Z., Beth A., Will M., Georg F., John S., Ralph J.

Minutes of the Technical Planning Meeting

April 16, 2020

The meeting was called to order at 7:05. Present were Karen Keenan, Richard Hunter, Phil Gibbs, Terry Randolph, Amy Brehl, Ryan Woodruff, John Stanley, Mary Turner, Bryan Wallin, and Jessica Simons.

The purpose of the meeting was the awarding of season ending award and championship meets both SC and LC 2021.

The first order of business was a request to list the USA Swimming Eastern Zone IMX 9-14 year old meet held in PV on the Virginia Swimming meet schedule. The request was denied as meets held in other LSC's do not appear on our meet schedule.

The next item of business was the awarding of the 8 and under awards meet in the SE district. There were 2 bids received. It was moved and seconded that the meet be awarded to ODAC at ODU. The motion passed. There were three bids for the 8 and under awards meet in the Blue Ridge district. It was moved and seconded that the meet be awarded to CYAC at the Brooks Family YMCA. The motion passed.

The next item of business was the awarding of the 9-12 District/13 and over Region Champs meet in the Blue Ridge Region. There were 2 bids received. It was moved and seconded that the meet be awarded to LY at The Christiansburg Aquatic Center. The motion passed.

Technical Planning received multiple bids for SC Age Group Champs. It was moved and seconded that the meet be awarded to Hokie at the Christiansburg Aquatic Center. The motion passed.

There were multiple bids submitted for SC Senior Champs. It was moved and seconded that the meet be awarded to NOVA at the SWMRVA (CSAC) pool. The motion passed.

There were 2 bids received. It was then moved and seconded that the Summer Awards meet in LSC 3 be awarded to Hokie. The motion passed.

There were multiple bids submitted for LC Senior Champs. It was moved and seconded that the meet be awarded to LY at Liberty University. The motion passed.

There were multiple bids received for LC Age Group Champs. It was moved and seconded that the meet be awarded to SWRA at SWMRA (CSAC).

The committee was tasked with exploring various options for holding different and creative types of meets considering the impact of the coronavirus 19 and restrictions that may be placed on the LSC by USA Swimming and /or the state. The coaches were asked to consult with other coaches and involved people. It is hoped that the committee will be able to bring innovative concepts to the VSI Board in the coming months. It was requested that the committee meet every 2 weeks.

The meeting was adjourned at 8:20 p.m.

The next Technical planning meeting will be held on April 28th at 7:00 p.m.

Respectfully Submitted,

Jessica Simons

Virginia Swimming Proposed Budget

	2018-19 Actual	2019-20 Budget	2020-21 Proposed	Notes
	*** Revenue ***			
1	USAS Registration	\$458,803	\$492,900	\$467,600
2	VS Registration	\$117,431	\$125,650	\$112,050
3	Flex Registration	\$9,410	\$7,000	\$10,000
4	USAS Club Dues	\$3,500	\$3,500	\$3,500
5	VS Club Dues	\$2,000	\$1,900	\$1,900
6	Meet Sanctions	\$4,700	\$3,200	\$3,200
7	Meet Rebates	\$196,937	\$199,500	\$191,000
8	Meet Swimmer Fees			
9	Sales & Misc.	\$7,006	\$2,500	\$2,000
10	LSC Championship Meet Revenue	\$60,090	\$30,000	\$30,000
11	Sectionals Meet Revenue	\$10,000	\$15,000	\$10,000
12	Zone Meet Revenue	\$43,221	\$50,000	\$50,000
13	SC Zones Team			
14	LC Zones Team	\$34,250	\$42,650	\$28,900
15	Clinics and Swimposium Revenue	\$4,134	\$3,500	\$5,500
16	Zone Meeting Revenue			
17	Awards Banquet		\$25,000	\$25,000
18	Interest - Checking	\$25	\$25	\$25
19	Interest - Reserve	\$864	\$400	\$800
20	Endowment Income			\$50,000 NEW
21	Total Revenue	\$952,370	\$1,002,725	\$991,475
	*** Expenses ***			
22	USAS Registration	\$459,382	\$492,900	\$467,600
23	USAS Club Dues	\$3,360	\$3,500	\$3,500
24	Travel - US Open		\$2,500	\$2,500
25	Travel - SC Season Nationals	\$32,601	\$22,500	\$22,500
26	Travel - LC Season Nationals	\$25,500	\$13,500	\$13,500
27	Travel - Olympic Trials / World Team Trials		\$15,000	\$15,000
28	Travel - National Youth Team	\$440	\$1,500	\$1,500
29	Travel - Discretionary	\$1,941	\$3,000	\$3,000
30	National Meet Travel - Coaches	\$2,000	\$8,000	\$12,600
31	Senior Champ Meet Support		\$10,000	\$10,000
32	Va. Championship Meet Expenses	\$53,244	\$30,000	\$30,000
33	Zone Meet Expenses	\$44,875	\$50,000	\$50,000
34	Sectionals Meet Expenses	\$3,085	\$15,000	\$10,000
	SC Zone Team Support			
35	LC Zone Team Support	\$81,126	\$84,650	\$70,900
36	Champ Meet Awards	\$22,060	\$25,000	\$22,000
37	Executive Director	\$49,656	\$47,250	\$49,000
38	Administrative Assistant	\$19,935	\$21,000	\$22,000
39	Payroll Taxes	\$5,430	\$6,350	\$6,350
40	Benefits		\$2,400	\$2,400
41	Webmaster	\$16,962	\$21,000	\$20,000

Virginia Swimming Proposed Budget

	2018-19 Actual	2019-20 Budget	2020-21 Proposed	Notes	
42	Web Hosting Fee, Upgrades	\$923	\$3,000	\$3,000	
43	Administration Expenses	\$6,985	\$14,000	\$14,000	
44	Supplies & Misc.	\$1,168	\$3,000	\$3,000	
45	Awards Banquet	\$2,044	\$40,000	\$40,000	
46	National Convention	\$19,052	\$16,000	\$18,000	
47	Zone Meeting	\$1,721	\$3,000	\$3,000	
48	Equipment	\$2,724	\$3,000	\$1,000	
49	Officials Workshops / Training /Travel	\$14,743	\$20,000	\$20,000	
50	USAS Workshops	\$3,771	\$6,000	\$6,000	
51	VS Camps & Clinics	\$4,500	\$4,000	\$6,000	
52	VS Workshops	\$3,024	\$1,000	\$1,000	
53	Diversity / Outreach Programs	\$11,696	\$10,000	\$10,000	
54	Make a Splash / Learn to Swim Grants	\$7,500	\$6,000	\$6,000	
55	Safe Sport Programs	\$646	\$2,000	\$2,000	
56	Coach Mentoring Program		\$2,000	\$2,000	
57	Grants / Development / Clubs				
58	Athlete Scholarships		\$6,000	\$6,000	
59	Transfer to Endowment Fund			\$50,000	NEW
60	Total Expenses	\$902,092	\$1,014,050	\$1,025,350	
61	Net Income / Loss	\$50,278	(\$11,325)	(\$33,875)	

VSI Policies Amendment

1 ENDOWMENT POLICY

- 1.1 VSI shall create and maintain an athlete scholarship endowment fund that is administered by a not-for-profit community fund residing in the borders of VSI's geographical territory.
 - A. Eligible recipients shall be selected per the Athlete Scholarship Program established and operated by the VSI BOD & Committees.
 - B. Annual awards from the fund shall be issued directly to an undergraduate program for the benefit of the award recipient(s).
 - C. The total award amount in a given VSI fiscal year shall not exceed 4% of the net balance of the endowment fund.
- 1.2 VSI shall create and maintain an agency endowment fund that is administered by a not-for-profit community fund residing in the borders of VSI's geographical territory.
 - A. Annual Proceeds from the endowment shall be used to the direct benefit of VSI athletes, to include support for the athlete travel fund, subsidies for athlete camps and clinics, underwriting of the annual awards celebration, and other activities identified by the BOD that directly benefit the VSI athlete membership.
 - B. Annual proceeds from the endowment and distributed to VSI shall not exceed 4% of the net balance of the agency endowment fund.
- 1.3 Funding for the endowment funds established in this section may be derived from the following sources:
 - A. As established in the Procedures section of this manual and directed to this purpose,
 - (1) A portion of any VSI annual budget surplus.
 - (2) Incremental splash fees and swimmer fees.
 - (3) Swimmer fees for meets hosted by non-VSI registered clubs and held in VSI territory.
 - (4) A percentage of collected fines and re-sanctioning fees.
 - B. Contributions directed to this endowment from friends of VSI.
 - C. VSI annual budget
 - (1) As part of the annual budgeting process, the VSI HOD may approve a specified amount that will be contributed to the endowment fund.
 - (2) In the event of VSI budgetary emergencies, contributions that are derived directly from this VSI budget item can be "drawn back" at the direction of the VSI BOD. The "drawback" cannot exceed the principal amount contributed previously by VSI and only

includes the annual budget contribution and not funds derived from other sources as specified in section D of this policy item.

- D. Other sources identified by the VSI BOD.

VSI Procedures Amendments

1. ENDOWMENT SUPPORT

- 1.4 Funding support for VSI endowments shall be accrued from the following:
- A. 50% of annual budget surpluses from the VSI annual budget.
 - B. A rebate fee of \$0.20 per individual event and relay event shall be charged for participation in VSI-sanctioned meets. This rebate fee is in addition to any rebate fees specified in section 43 of the Procedures and these incremental revenues shall be directed to the VSI endowment funds (athletic scholarship & general agency endowment funds).
 - C. A fee of \$2.50 per swimmer for meets hosted by non-VSI registered clubs and held in VSI territory.
 - D. 100% of all fines and re-sanctioning fees collected by VSI in a fiscal year shall be directed to the support of the endowment funds.

43. FEES AND SURCHARGES

43.4 Meet Fees for Championship and Non-championship Age-Group Meets, Senior and Senior Championships are shown in the following tables:

MEET ENTRY FEES CHARGED BY HOST CLUB			
TYPE OF MEET	SWIMMER FEE	INDIVIDUAL EVENT FEE	RELAY EVENT FEE
8 & YOUNGER MEET	\$2.50	Not more than \$4.00	Not more than \$14.00
AGE GORUP NON-CHAMPIONSHIP MEET	\$2.50	Set by Meet Host	Set by Meet Host
SENIOR NON-CHAMPIONSHIP MEET	\$2.50	Set by Meet Host	Set by Meet Host
DISTRIC & REGIONAL CHAMPIONSHIP MEET	\$2.50	Set by VSI & Meet Host	Set by VSI & Meet Host
AGE GROUP & SENIOR LSC CHAMPIONSHIP MEET	\$2.50	Set by VSI & Meet Host	Set by VSI & Meet Host

REBATE FEES PAID BY HOST CLUB TO VSI				
TYPE OF MEET	SWIMMER FEE	INDIVIDUAL EVENT FEE	RELAY EVENT FEE	ENDOWMENT FEE/EVENT
8 & YOUNGER MEET	\$0.00	\$0.35	\$0.70	\$0.00
AGE GROUP NON-CHAMPIONSHIP MEET	\$0.00	\$0.80	\$1.60	\$.20
SENIOR NON-CHAMPIONSHIP MEET	\$0.00	\$0.80	\$1.60	\$.20
DISTRICT & REGIONAL CHAMPIONSHIP MEET	\$0.00	\$1.40	\$2.80	\$.20
AGE GROUP & SENIOR LSC CHAMPIONSHIP MEET	\$0.00	\$1.40	\$2.80	\$.20