

2010 Eastern Zone Maximum Times for Zone Meets

WOMEN			EVENT	MEN		
SCY	LCM	SCM		SCM	LCM	SCY
24.09	26.99	26.29	50 FREESTYLE	23.49	24.29	21.59
52.19	58.59	56.99	100 FREESTYLE	51.89	53.09	46.89
1:52.09	2:06.19	2:02.99	200 FREESTYLE	1:53.39	1:55.89	1:42.49
4:57.09	4:24.69	4:18.29	400/500 FREESTYLE	4:00.79	4:07.09	4:36.59
10:14.39	9:03.49	8:50.69	800/1000 FREESTYLE	8:19.49	8:35.59	9:36.29
17:00.99	17:20.49	16:58.49	1500/1650 FREESTYLE	15:51.49	16:15.49	16:03.49
57.79	1:05.69	1:04.49	100 BACKSTROKE	55.99	1:00.09	52.19
2:04.19	2:20.99	2:18.59	200 BACKSTROKE	2:01.99	2:09.59	1:53.09
1:05.29	1:14.29	1:12.29	100 BREASTSTROKE	1:05.09	1:07.79	58.69
2:21.39	2:39.99	2:34.99	200 BREASTSTROKE	2:18.09	2:27.59	2:07.99
57.29	1:03.59	1:02.19	100 BUTTERFLY	55.99	57.39	51.19
2:05.69	2:19.69	2:16.89	200 BUTTERFLY	2:05.59	2:08.39	1:53.99
2:06.89	2:23.09	2:19.89	200 INDIVIDUAL MEDLEY	2:08.19	2:11.39	1:54.59
4:28.49	5:02.09	4:55.69	400 INDIVIDUAL MEDLEY	4:32.59	4:38.99	4:04.09

Comments:

- 1) The SCY times are based upon the 2009 SCY Junior National Championships.
- 2) The LCM times are based upon the 2009 Junior National Championships
- 3) The SCM times are based on the slowest time between the LCM Junior National Championships.
- 4) Athletes who have competed in an Individual Event at the USA Swimming National Championships, the USA Swimming Spring Championships, U.S. Open, the USA Swimming Junior Championships or a USA Swimming Trials Class meet are not eligible to enter and compete at an EZ AG Championship meet.
- 5) Athletes 13 years of age and over who have achieved a qualifying time in an individual event for any of the above meets (see F.5d) prior to the entry deadline for the EZ meet, may not enter and compete in an EZ AG Championship meet.
- 6) Athletes 12 years of age or younger who have achieved a qualifying time in an individual event for any of the above meets (see F.5d), but have not competed in that event at the stated meet, may enter and compete in that event in an EZ AG Championship meet.