

MAJOR CHANGES FOR 2008

Should: Should is defined. (Glossary)

Breaststroke Kick: the body must be on the breast from the time the feet leave the wall, “downward” and “while wholly submerged” have been deleted from the single butterfly (dolphin) kick part of the rule, and the single butterfly (dolphin) kick must be during or at the end of the first arm pull. (article 101.2.2 and .3)

Initial and Leadoff Times from Nonconforming Events: Times from nonconforming events will not count for USMS records and Top 10 times except that initial distances and relay leadoff split times for distances that are also events defined in 102.5 will count for USMS records and Top 10 times. (article 202.1.1F[3])

Relevant Rules for Recognition: Relevant rules for recognition include the following: Article 101 (Starts, Strokes, and Relays) or Article 108 (Swimmers with a Disability); Article 103.12.3 (Timing Resolution); Articles 103.13.1, 103.13.2, 103.13.3, 103.13.4, and 103.13.6 (Official Time); Articles 105.1, 105.2.1, 105.2.2A, 105.3.2, 105.3.7A, and 105.3.10 (Records and Top 10 Times); and Articles 107.2.1, 107.2.3A, 107.3, 107.11.1, 107.11.2, and 107.13 (Minimum Standards for Facilities). (article 202.2.1E)

Relay Leadoff Split Times at Recognized Events: At recognized events, relay leadoff split times that conform to 103.13.1 and 105.2.2A will be recognized for events listed in 102.5 (USMS membership is not required for the other members of the relay team). (article 202.2.1E)

LMSC Championship Meets: Each LMSC may conduct championship meets, but meets identified as such should not be scheduled beginning the weekend before through and including the weekend following the USMS Short Course and Long Course National Championship Meets. (article 502.9)

Zone Championship Meets: Each zone may conduct zone championship meets, but meets identified as such should not be scheduled beginning the weekend before through and including the weekend following the USMS Short Course and Long Course National Championship Meets. (article 503.5)

Open Water and Long Distance Committee: the Long Distance Committee’s name was changed to reflect new duties. (article 507.2.10)