

2012 VA LC SR Championships - 7/26/2012 to 7/29/2012**50 M Course, Sanction #: VS-12-84****Session Report (Scratch Factor: 5%)**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Women Senior 1500 Freestyle	39	5	04:00 PM
Finals	2 Men Senior 1500 Freestyle	26	4	05:37 PM
	Swimmers Counts for Warm-ups: 65	=====	=====	
	Entry / Heat Totals:	65	9	
	Finish Time			06:49 PM

Session: 2 Friday Trials

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	3 Women Senior 200 Freestyle	88	11	08:30 AM
Prelims	4 Men Senior 200 Freestyle	97	13	08:59 AM
Prelims	5 Women Senior 100 Breaststroke	83	11	09:30 AM
Prelims	6 Men Senior 100 Breaststroke	73	10	09:48 AM
Prelims	7 Women Senior 100 Butterfly	94	12	10:04 AM
Prelims	8 Men Senior 100 Butterfly	90	12	10:22 AM
Prelims	9 Women Senior 400 IM	53	7	10:38 AM
Prelims	10 Men Senior 400 IM	70	9	11:18 AM
Finals-S	11 Women Senior 800 Freestyle Relay	4	1	12:06 PM
Finals-S	12 Men Senior 800 Freestyle Relay	6	1	12:15 PM
	Swimmers Counts for Warm-ups: 410	=====	=====	
	Entry / Heat Totals:	658	87	
	Finish Time			12:24 PM

Session: 3 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Women Senior 200 Freestyle	24	3u	06:00 PM
Finals	4 Men Senior 200 Freestyle	24	3u	06:10 PM
Finals	5 Women Senior 100 Breaststroke	24	3u	06:19 PM
Finals	6 Men Senior 100 Breaststroke	24	3u	06:25 PM
Finals	7 Women Senior 100 Butterfly	24	3u	06:32 PM
Finals	8 Men Senior 100 Butterfly	24	3u	06:38 PM
Finals	9 Women Senior 400 IM	24	3u	06:44 PM
Finals	10 Men Senior 400 IM	24	3u	07:02 PM
	Break: 10 Minutes			
Finals-2	11 Women Senior 800 Freestyle Relay	16	2	07:29 PM
Finals-2	12 Men Senior 800 Freestyle Relay	16	2	07:50 PM
	Swimmers Counts for Warm-ups: 148	=====	=====	
	Entry / Heat Totals:	224	28	
	Finish Time			08:08 PM

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Session: 4 Saturday Trials

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	13 Women Senior 200 Freestyle Relay	24	3	08:30 AM
Finals	14 Men Senior 200 Freestyle Relay	25	4	08:37 AM
Prelims	15 Women Senior 200 Butterfly	69	9	08:46 AM
Prelims	16 Men Senior 200 Butterfly	81	11	09:12 AM
Prelims	17 Women Senior 50 Freestyle	97	13	09:41 AM
Prelims	18 Men Senior 50 Freestyle	96	12	09:52 AM
Prelims	19 Women Senior 200 Breaststroke	63	8	10:01 AM
Prelims	20 Men Senior 200 Breaststroke	57	8	10:27 AM
Prelims	21 Women Senior 100 Backstroke	84	11	10:51 AM
Prelims	22 Men Senior 100 Backstroke	79	10	11:11 AM
Prelims	23 Women Senior 400 Freestyle	57	8	11:27 AM
Prelims	24 Men Senior 400 Freestyle	82	11	12:07 PM
Finals-S	25 Women Senior 400 Medley Relay	7	1	12:59 PM
Finals-S	26 Men Senior 400 Medley Relay	10	2	01:05 PM
	Swimmers Counts for Warm-ups: 455	=====	=====	
	Entry / Heat Totals:	831	111	
	Finish Time			01:16 PM

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	15 Women Senior 200 Butterfly	24	3u	06:00 PM
Finals	16 Men Senior 200 Butterfly	24	3u	06:11 PM
Finals	17 Women Senior 50 Freestyle	24	3u	06:21 PM
Finals	18 Men Senior 50 Freestyle	24	3u	06:26 PM
Finals	19 Women Senior 200 Breaststroke	24	3u	06:31 PM
Finals	20 Men Senior 200 Breaststroke	24	3u	06:42 PM
Finals	21 Women Senior 100 Backstroke	24	3u	06:53 PM
Finals	22 Men Senior 100 Backstroke	24	3u	07:01 PM
Finals	23 Women Senior 400 Freestyle	24	3u	07:08 PM
Finals	24 Men Senior 400 Freestyle	24	3u	07:25 PM
	Break: 10 Minutes			
Finals-2	25 Women Senior 400 Medley Relay	16	2	07:51 PM
Finals-2	26 Men Senior 400 Medley Relay	16	2	08:03 PM
	Swimmers Counts for Warm-ups: 182	=====	=====	
	Entry / Heat Totals:	272	34	
	Finish Time			08:14 PM

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Session: 6 Sunday Trials

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women Senior 200 Medley Relay	18	3	08:30 AM	_____
Finals	28 Men Senior 200 Medley Relay	24	3	08:47 AM	_____
Prelims	29 Women Senior 200 Backstroke	77	10	09:01 AM	_____
Prelims	30 Men Senior 200 Backstroke	81	11	09:32 AM	_____
Prelims	31 Women Senior 100 Freestyle	103	13	10:05 AM	_____
Prelims	32 Men Senior 100 Freestyle	105	14	10:22 AM	_____
Prelims	33 Women Senior 200 IM	112	14	10:41 AM	_____
Prelims	34 Men Senior 200 IM	86	11	11:21 AM	_____
Finals-S	35 Women Senior 400 Freestyle Relay	9	2	11:50 AM	_____
Finals-S	36 Men Senior 400 Freestyle Relay	9	2	12:00 PM	_____
	Swimmers Counts for Warm-ups: 368	=====	=====		
	Entry / Heat Totals:	624	83		
	Finish Time			12:08 PM	_____

Session: 7 Sunday Distance Events

Day of Meet: 4 Starts at 01:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	37 Women Senior 800 Freestyle	49	7	01:30 PM	_____
Finals-S	38 Men Senior 800 Freestyle	38	5	02:42 PM	_____
	Swimmers Counts for Warm-ups: 87	=====	=====		
	Entry / Heat Totals:	87	12		
	Finish Time			03:30 PM	_____

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Session: 8 Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	37 Women Senior 800 Freestyle	8	1	04:30 PM	_____
Finals-1	38 Men Senior 800 Freestyle	8	1	04:41 PM	_____
	Break: 10 Minutes				
Finals	29 Women Senior 200 Backstroke	24	3u	05:01 PM	_____
Finals	30 Men Senior 200 Backstroke	24	3u	05:12 PM	_____
Finals	31 Women Senior 100 Freestyle	24	3u	05:23 PM	_____
Finals	32 Men Senior 100 Freestyle	24	3u	05:30 PM	_____
Finals	33 Women Senior 200 IM	24	3u	05:36 PM	_____
Finals	34 Men Senior 200 IM	24	3u	05:47 PM	_____
	Break: 10 Minutes				
Finals-2	35 Women Senior 400 Freestyle Relay	16	2	06:07 PM	_____
Finals-2	36 Men Senior 400 Freestyle Relay	16	2	06:17 PM	_____
	Swimmers Counts for Warm-ups: 127	=====	=====		
	Entry / Heat Totals:	192	24		
	Finish Time			06:27 PM	_____
	Finish Time			08:00 PM	_____