

**VSI Short Course Senior Championships**  
**March 5-8, 2009**  
**University of Virginia**  
**Aquatic and Fitness Center**

**From the East/West:** I-64 to exit 118B (Culpeper-Charlottesville). Take second exit (sign will say University of Virginia Information Center and Business 250 East) and bear right onto Ivy Rd. At second stop light, turn right on to Alderman Rd. Go 8/10ths of a mile and the Aquatic Center will be on your left.

**From the North:** Take Route 29 south into Charlottesville (Emmet St.). Turn right at Massie Rd. Go the next stop light and turn left onto Copeley Rd. Stay on Copeley (name will change to Alderman Rd.) for one mile and the Aquatic Center will be on your left side.

**From the South:** Take Route 29 to Business Route 250 East (sign will say University of Virginia Information Center) and bear right onto Ivy Rd. At second stop light, turn right on to Alderman Rd. Go 8/10ths of a mile and the Aquatic Center will be on your left.

**Car Parking:** Cars should park in the S6 parking lot. Do not park in the RED lot, which is adjacent to the S6 lot as it is restricted to Medical Center personnel only. Please observe all "Handicapped Only" and other posted parking restrictions (fire lanes, fire hydrants, etc.). Please do NOT park in the lots immediately adjacent to the AFC, these are reserved for persons in possession of a handicapped parking pass.

**Bus Parking:** Buses should park in lot E3.

