

Summer Awards Meet Warm-Up Schedule

Session	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	6:30am	NOVA	NOVA	NOVA	NOVA	QDD	QDD	RAYS	RAYS	SEVA	ODAC
1	7:00am	VACS	TIDE	WAC	PWSC	BASS	BAC	PSDN	PSDN	CGBD	CGBD
1	7:30am	VSTP	RPST	SHKS	CCA	US	SQST	SQST	SMAC	TSU	FAST
		UNAT	RACE	FUAC	TCAC	OBX		FINN	VAST	TAC	WST
2	12:30pm	QDD	QDD	QDD	NOVA	NOVA	NOVA	RAYS	RAYS	SQST	SQST
2	1:00pm	PSDN	PSDN	VACS	SHKS	WAC	CGBD	VSTP	ODAC	SEVA	CCA
									SMAC		
2	1:30pm	FAST	PWSC	VAST	WST	TIDE	BASS	BAC	OBX	RPST	SMAC
		FUAC	US	TCAC	TSU	UNAT		FINN	TAC	RACE	
3	6:30am	VSTP	RPST	SHKS	CCA	US	SQST	SQST	SMAC	TSU	FAST
		UNAT	RACE	FUAC	TCAC	OBX		FINN	VAST	TAC	WST
3	7:00am	NOVA	NOVA	NOVA	NOVA	QDD	QDD	RAYS	RAYS	SEVA	ODAC
3	7:30am	VACS	TIDE	WAC	PWSC	BASS	BAC	PSDN	PSDN	CGBD	CGBD
4	12:30pm	FAST	PWSC	VAST	WST	TIDE	BASS	BAC	OBX	RPST	SMAC
		FUAC	US	TCAC	TSU	UNAT		FINN	TAC	RACE	
4	1:00pm	QDD	QDD	QDD	NOVA	NOVA	NOVA	RAYS	RAYS	SQST	SQST
4	1:30pm	PSDN	PSDN	VACS	SHKS	WAC	CGBD	VSTP	ODAC	SEVA	CCA
5	6:30am	VACS	TIDE	WAC	PWSC	BASS	BAC	PSDN	PSDN	CGBD	CGBD
5	7:00am	VSTP	RPST	SHKS	CCA	US	SQST	SQST	SMAC	TSU	FAST
		UNAT	RACE	FUAC	TCAC	OBX		FINN	VAST	TAC	WST
5	7:30am	NOVA	NOVA	NOVA	NOVA	QDD	QDD	RAYS	RAYS	SEVA	ODAC
6	12:30pm	PSDN	PSDN	VACS	SHKS	WAC	CGBD	VSTP	ODAC	SEVA	CCA
									SMAC		
6	1:00pm	FAST	PWSC	VAST	WST	TIDE	BASS	BAC	OBX	RPST	SMAC
		FUAC	US	TCAC	TSU	UNAT		FINN	TAC	RACE	
6	1:30pm	QDD	QDD	QDD	NOVA	NOVA	NOVA	RAYS	RAYS	SQST	SQST

Saturday Distance: 6:00pm

Sunday Distance: 4:45pm