**Regionals Warm-Up Assignments**

**Friday (meet starts at 8:10 am)**
7:00 to 7:30 am 7:30 to 8 am
PWSC – 1 & 2 RAYS – 1 & 2, C & D
RAPP – 3 NOVA – 3-10, A & B
TSU - 4
WST – 4 & 5
STAT – 6-7, D
VSTP – 7
BAC – 8, A & B
RPST – 9 & C
QDD – 10

**Saturday (meet starts at 8:10 am)**7:00 to 7:30 am 7:30 to 8 am
RAYS – 1 & 2, C & D PWSC – 1 & 2
TSU – 3 RAPP – 3 & 4
NOVA – 4-10, A & B VSTP – 4
 STAT – 5, C & D
 RPST – 6 & 7
 WST – 7 & 8
 BAC – 9, A & B
 QDD – 10

**Sunday (meet starts at 8:10 am)**
7:00 to 7:30 am 7:30 to 8 am
PWSC – 1 & 2 RAYS – 1 & 2, C & D
RAPP – 3 & 4 TSU - 3
RPST – 4 & 5 NOVA – 4-10, A & B
VSTP – 6
STAT – 6, C & D
WST – 7 & 8
BAC – 9, A & B
QDD - 10