



**Williamsburg Aquatic Club Spring Splash
A/BB/B/C Meet
May 17th – 18th, 2014
SANCTION NO. VS-14-65**



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| SANCTION: | <ul style="list-style-type: none">Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-14-65USA Swimming, Inc., Virginia Swimming, Inc., Williamsburg Aquatic Club and the Collegiate School Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. | |
| LOCATION: | Collegiate School Aquatic Center, 5050 Ridgedale Parkway, Richmond, VA. 23234 | |
| FACILITY: | <ul style="list-style-type: none">Indoor 8 lane 50 meter x 25 yard Pool, with 9 ft. wide lanes with non-turbulent lane lines. The Pool depth is 7'7" at the sides and 8'2" in the center.Omega starting Blocks, CT56 with Automatic & Semi-Automatic Timing. Dolphin wireless stopwatches will be used with a Full Color LED Scoreboard.The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4).The Instruction Pool will be used for warm-up/warm-down. This pool is 6 lanes covering 25 yards. | |
| MEET DIRECTOR: | Name: Harold Baker Email: coachharold2@cox.net Phone: 757-229-8662 | Erin Roehrle eroehrle@cox.net 757-377-1532 |
| ELIGIBILITY: | <ul style="list-style-type: none">Open to all Virginia Swimming athletes registered before the first day of the meet. Teams from another LSC may contact the Meet Director to be included in the Meet.No on-deck Virginia Swimming athlete registration will be permitted.2013-2016 NAG time standards are in effect.Age on May 17th will determine age for the entire meet. | |
| DISABILITY SWIMMERS: | <ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. | |
| FORMAT: | <ul style="list-style-type: none">All 12 & under swimmers will swim in the Morning session.All 13 & over swimmers will swim in the Afternoon session.All events will be timed finals. | |
| WARM-UP: | <ul style="list-style-type: none">Morning sessions: Warm-ups at 7:30 A.M. ; competition starts at 8:30 A.M..Afternoon sessions: Warm-ups not before 12:30 P.M.; competition starts not before 1:30 P.M..Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the Afternoon sessions, with the distance session competition starting 5 minutes thereafter.The approximate start time for the distance sessions will be posted on the WAC website (swimwac.com) no later than Wednesday May 14th , and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.Lane assignment and warm-up times for individual clubs will be posted on the WAC website (swimwac.com) no later than Wednesday May 14th , and will also be emailed to the contact person of the participating clubs.If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. | |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, MAY 7TH, 2014. <ul style="list-style-type: none">Entries must be submitted in Long Course Meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. | |

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| | <ul style="list-style-type: none"> Teams submit entries via email. A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. Swimmers may enter a maximum of 3 individual events and 1 relay event per day Swimmers may also enter the Distance Session without those swims counting towards the 3 events per day.. Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Relays may also be eliminated if necessary and relay fees will be refunded should this happen. Email entries to: Harold Baker at coachharold2@cox.net Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Dry Deck Staff. |
| FEES: | <p>Individual events: \$6.00 Relay events: \$14.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Williamsburg Aquatic Club Mail payment to: Williamsburg Aquatic Club 3013 South Court Williamsburg, Va. 23185 Payment must be received by Wednesday May 14th for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries. |
| AWARDS: | <ul style="list-style-type: none"> Individual events: Ribbons will be awarded for First through Eighth Place <ul style="list-style-type: none"> 13 & over events will be given separate awards for 13-14 and 15 & Over age groups. 12 & under events will be given separate awards for 8 & under, 9 & 10 and 11 & 12 Age Groups. 10 & Under events will be given separate awards for 9-10 and 8 & Under age groups. Relay events: Ribbons will be awarded for First through Eighth Place. |
| SEEDING: | <ul style="list-style-type: none"> All events will be pre-seeded. Events #23-24, #39-40, #45-46, #57-58, #81-82 & #93-94 will be reseeded after positive check-in if Heats can be eliminated.. Swimmers in all Sessions should report directly to the blocks for their events. Events #23-24, #39-40, #45-46, #57-58, #81-82 & #93-94 will require a positive check-in to swim. Positive check-in will close at the end of warm-ups for the Morning & Afternoon Sessions. The positive Check-in for the Distance Sessions will close at 3:00 P.M. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be marked as exhibition for the event swum illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event(s) swum If the swimmer is representing a club in competition, the fine will be levied on the Club. If the |

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| | swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | <ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The overhead start procedure will be used for the all Sessions. Chase starts may be utilized if deemed necessary by the meet referee. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area. |
| OFFICIALS: | <p>Meet Referee: Tommy Lovell Email: scoutmastertommy@gmail.com Phone: 757-532-4378</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Lee Holder, WAC official's chair no later than Sunday May 11th. Email: holderpl@cox.net Phone: 757-229-1121 • Announce any meetings, place, and time. Officials meetings must be at least one hour prior to the start of the each session. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | <ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the WAC website (swimwac.com) no later than Wednesday May 14th , and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | Information pertaining to but not limited to: Hospitality, concessions, heat sheets, swim shop, etc. |
| FACILITY RULES: | Special facility rules and standard aquatic facility safety rules |
| DIRECTIONS: | Go to the Virginiawimming.com and locate the Collegiate School Aquatic Center under Meets. Directions are on the bottom of the Meets page. |
| HOTELS: | Contact Harold Baker at coachharold2@cox.net to get a list of nearby Hotels. |

**WILLIAMSBURG AQUATIC CLUB SPRING SPLASH
Order of Events**

Saturday May 17th, 2014

| Morning Session Warm-up: 7:30 A.M. ; Start: 8:30 P.M. | | | Afternoon Session Warm-up: 12:30 P.M.; Start: 1:30 P.M. (Times are approximate) | | |
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| <u>Girls</u> | <u>Events</u> | <u>Boys</u> | <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
| 1 | 10 & under 100 Free | 2 | 29 | 13 & over 100 Free | 30 |
| 3 | 11 & 12 100 Free | 4 | 31 | 13 & over 200 Back | 32 |
| 5 | 10 & under 50 Fly | 6 | 33 | 13 & over 100 Breast | 34 |
| 7 | 11 & 12 50 Fly | 8 | 35 | 13 & over 200 Fly | 36 |
| 9 | 12 & under 200 Fly | 10 | 37 | 13 & over 200 I.M. | 38 |
| 11 | 10 & under 50 Back | 12 | 39 | 13 & over 400 Free | 40 |
| 13 | 11 & 12 50 Back | 14 | 41 | 13 & 14 200 Free Relay | 42 |
| 15 | 10 & under 200 I.M. | 16 | 43 | 15 & over 200 Free Relay | 44 |
| 17 | 11 & 12 200 I.M. | 18 | | | |
| 19 | 10 & under 100 Breast | 20 | | | |
| 21 | 11 & 12 100 Breast | 22 | | Distance Session | |
| 23 | 12 & under 400 Free | 24 | | 10 Minutes Warm-up | |
| 25 | 10 & under 200 Medley Relay | 26 | 45 | Open 1500 Free | 46 |
| 27 | 11 & 12 200 Medley Relay | 28 | | | |

Sunday May 18th, 2014

| Morning Session Warm-up: 7:30 A.M. ; Start: 8:30 A.M. | | | Afternoon Session Warm-up: 12:30 P.M. ; Start: 1:30 P.M. (Times are approximate) | | |
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| <u>Girls</u> | <u>Events</u> | <u>Boys</u> | <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
| 47 | 12 & under 200 Back | 48 | 77 | 13 & over 200 Free | 78 |
| 49 | 10 & under 50 Free | 50 | 79 | 13 & over 100 Back | 80 |
| 51 | 11 & 12 50 Free | 52 | 81 | 13 & over 400 I.M. | 82 |
| 53 | 10 & under 100 Back | 54 | 83 | 13 & over 50 Free | 84 |
| 55 | 11 & 12 100 Back | 56 | 85 | 13 & over 200 Breast | 86 |
| 57 | 12 & under 400 I.M. | 58 | 87 | 13 & over 100 Fly | 88 |
| 59 | 10 & under 50 Breast | 60 | 89 | 13 & 14 200 Medley Relay | 90 |
| 61 | 11 & 12 50 Breast | 62 | 91 | 15 & over 200 Medley Relay | 92 |
| 63 | 12 & under 200 Breast | 64 | | | |
| 65 | 10 & under 100 Fly | 66 | | | |
| 67 | 11 & 12 100 Fly | 68 | | | |
| 69 | 10 & under 200 Free | 70 | | Distance Session | |
| 71 | 11 & 12 200 Free | 72 | | 10 Minutes Warm-up | |
| 73 | 10 & under 200 Free Relay | 74 | 93 | Open 800 Free | 94 |
| 75 | 11 & 12 200 Free Relay | 76 | | | |