



Old Dominion Aquatic Club  
8-Under Super Circuit Series  
Veterans Day Meet  
November 9, 2013  
Sanction Number VS-I4-20

Hosted by:



<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-14-20</b></li><li>USA Swimming, Inc., Virginia Swimming, Inc., and the Great Bridge Swim and Racquet Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	Great Bridge Swim and Racquet Club, 1200 Back Road, Chesapeake VA
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>6-Lane, 25-Meter pool, 5 feet deep at the start end and 3 ½ feet deep at the turn end, equipped with Swim-Quip non-turbulent lane markers. Automatic timing by Colorado Systems</li><li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4).</li></ul>
<b>MEET DIRECTOR:</b>	Amber Foley Email: <a href="mailto:afoley3@cox.net">afoley3@cox.net</a> Phone: (757) 285-1074
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to all Virginia Swimming athletes 8 years old and younger from OBX, ODAC, TAC, TCAC, TIDE, VYAC, and WAC registered before the first day of the meet</li><li>No on deck Virginia Swimming athlete registration will be permitted</li><li>Age on November 9, 2013 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>Events will be swum in a single session</li><li>All events will be timed finals.</li></ul>
<b>WARM-UP:</b>	Warm-ups are at 9:00 am; competition starts at 10:00 am
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, NOVEMBER 1, 2013.</b></p> <ul style="list-style-type: none"><li>Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>Teams submit entries via e-mail</li><li>A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>"No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>6 and under swimmers may swim a maximum of 4 events. 7 and 8 year old swimmers may swim a maximum of 5 events.</li><li>Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li><li>The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li><li>Email entries to: <a href="mailto:stevbialorucki@swimodac.com">stevbialorucki@swimodac.com</a></li><li>Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li></ul>

<b>FEES:</b>	<p><b>Individual events: \$3.75</b>  <b>Swimmer surcharge: \$2.50 per person</b> (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>ODAC Meets</b></li> <li>• Mail payment to: Steve Bialorucki  5165 Stratford Chase Drive  Virginia Beach, VA 23464  Phone: (757) 471-1828</li> <li>• Payment must be received by Wednesday, November 6, 2013 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through sixth place in each event</li> <li>• Awards will be given for each age group: 6 and under, 7 year olds and 8 year olds.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> <li>• Swimmers should report directly to the blocks for their events.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The overhead start procedure may be used at the discretion of the Referee.</li> <li>• Swimmers will use a kick board for kicking events. Swimmers observed doing any use of the arms, pushing off the bottom of the pool, pulling on the lane line, or otherwise an illegal kick per USA-S rules governing the kick for each stroke will be disqualified.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Janet Law</b>  <b>Email: <a href="mailto:janetlaw01@cox.net">janetlaw01@cox.net</a></b>  <b>Phone: 620-0298</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Jeff Kauffman, Email: <a href="mailto:Jeffreykauffman@msn.com">Jeffreykauffman@msn.com</a>, or Phone: (757) 407-1301, <b>not later than November 9, 2013.</b></li> <li>• Officials meeting will be one hour prior to the start of the meet.</li> </ul>
<b>SAFETY:</b>	<p>Virginia Swimming Meet Safety Procedures will be in effect.</p>

<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>NO SMOKING</b> on the pool deck or in the spectator gallery.</li> <li>• Each Team is encouraged to ensure the good conduct of swimmers in all areas of the building, including but not limited to locker rooms and hallways.</li> <li>• <b>NO GLASS</b> containers are permitted in or around the pool area.</li> </ul>
-----------------	---

Old Dominion Aquatic Club  
 8-Under Super Circuit Series  
 Veterans Day Meet  
 November 9, 2013  
 Sanction Number VS-I4-20

## Saturday morning – November 9, 2013

Event #	Event	Event #
1	6-under 25 Meter Freestyle	2
3	7 and 8 year old 25 Meter Freestyle	4
5	6-under 25 Meter Backstroke	6
7	7 and 8 year old 25 Meter Backstroke	8
9	6-under 50 Meter Freestyle	10
11	7 and 8 year old 50 Meter Freestyle	12
13	6-under 25 Meter Free Kick	14
15	7 and 8 year old 25 Meter Free Kick	16
17	6-under 50 Meter Backstroke	18
19	7 and 8 year old 50 Meter Backstroke	20
21	6-under 25 Meter Butterfly	22
23	7 and 8 year old 25 Meter Butterfly	24
25	6-under 25 Meter Breaststroke	26
27	7 and 8 year old 25 Meter Breaststroke	28
29	6-under 25 Meter Fly Kick	30
31	7 and 8 year old 25 Meter Fly Kick	32
33	7 and 8 year old 100 Meter IM	34
35	7 and 8 year old 50 Meter Fly	36