



**NOVA SENIOR CLASSIC  
Closed Invitational Meet  
November 4-6, 2011  
SANCTION NO. VS-12-16**

**Hosted by:**  
  
NOVA of Virginia Aquatics

<b>SANCTION:</b>	<ul style="list-style-type: none"><li>• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-12-16</b></li><li>• USA Swimming, Inc, Virginia Swimming, Inc, and NOVA Aquatics Center shall be held free and harmless from any and all liabilities and claims from damages arising by reason of injuries to anyone during the conduct of this event</li></ul>
<b>LOCATION:</b>	NOVA Aquatics Center, 12207 Gayton Road, Richmond, VA 23238, Phone: (804) 754-3401
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>• 10-lane, 25-yard pool, 4.5 feet deep in lane 1 sloping to 10.5 feet in lane 10 with Kiefer Wave eater lanes, Daktronics Automatic Timing System</li><li>• 10 lanes will be used for competition with 2 warm-up/warm-down lanes available at all times in the adjacent pool located at the NOVA facility.</li><li>• The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.</li></ul>
<b>MEET DIRECTOR:</b>	Name: Lori Hopewell Email: hopewells@verizon.net Phone: (804) 360-1494
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming athletes from NOVA, CCA, and CUBU registered by the first day of the meet.</li><li>• Swimmers must have 13-14 "A" times or faster in each event entered. All teams may add swimmers otherwise not eligible at the coaches' discretion.</li><li>• 2009-2012 NAG times are in effect</li><li>• No deck USA Swimming athlete registration will be permitted.</li><li>• Age on November 4, 2011 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	All events will be timed finals.
<b>WARM-UP:</b>	<ul style="list-style-type: none"><li>• Friday session: Warm-ups 6:00 pm; Competition starts 7:00pm.</li><li>• Saturday &amp; Sunday morning sessions:<ul style="list-style-type: none"><li>○ General warm-up (both pools): 6:45 am – 8:15 am</li><li>○ Specific Warm-up (competition pool ONLY / general warm-up continues in new pool until 8:35pm): 8:15 am – 8:35 am<ul style="list-style-type: none"><li>• Lanes 1 &amp; 10: Pace</li><li>• Lanes 2, 3, 8, &amp; 9: One way sprint</li><li>• Lanes 4-7: General warm-up</li></ul></li><li>○ Competition starts: 8:45 am</li></ul></li><li>• Saturday afternoon session:<ul style="list-style-type: none"><li>○ General warm-up (both pools): 3:00 pm – 4:30 pm</li><li>○ Specific Warm-up (competition pool ONLY / general warm-up continues in new pool until 4:50 pm): 4:30 pm – 4:50 pm<ul style="list-style-type: none"><li>▪ Lanes 1 &amp; 10: Pace</li><li>▪ Lanes 2, 3, 8, &amp; 9: One-way sprint</li><li>▪ Lanes 4-7: General warm-up</li></ul></li><li>○ Competition starts at 5:00 pm</li></ul></li><li>• Sunday distance session: The competition pool will be open for 10 minutes of open warm-up immediately following the finish of the morning session, with the distance session competition starting 5 minutes thereafter.</li></ul>

	<ul style="list-style-type: none"> <li>• <b>Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, November 2, 2011.</b></li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS 9:00 PM, SUNDAY, OCTOBER 30, 2011.</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams submit entries via e-mail</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> <li>• All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• Swimmers may enter a maximum of <i>1 individual event on Friday evening, 3 individual events per session on Saturday and Sunday, with a maximum of 5 events total on Saturday.</i></li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: Lori Hopewell, <a href="mailto:novaswim@novaswim.org">novaswim@novaswim.org</a></li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. Deck entries must be submitted to the Clerk-of-Course on the provided form.</li> </ul>
<b>FEES:</b>	<p><b>Individual events: \$3.75</b>  <b>Swimmer surcharge: \$2.50 per person</b> (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: NOVA OF VA AQUATICS.</li> <li>• Mail payment to: Scott Campbell  12207 Gayton Road  Richmond, VA 23238</li> <li>• Payment must be received by Tuesday, November 1, 2011 for all entries.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded, except event # 1-2 (1000 Free) and 27-28 (1650 Free), which will be deck seeded.</li> <li>• Event #1-2 (1000 Free) and 27-28 (1650 Free) will require a positive check-into swim.</li> <li>• Positive check-in will close 30 minutes prior to the start of the session.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• At the discretion of the meet referee, the 1000 and 1650 Free may be run fastest to slowest, alternating girls and boys.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> <li>○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as</li> </ul> </li> </ul>

	<p>proficient in performing a racing start or must start each race from within the water.</p> <ul style="list-style-type: none"> <li>○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</li> <li>● The overhead start procedure will be used unless otherwise directed by the meet referee.</li> <li>● In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Kathy Nunn</b>  <b>Email: <a href="mailto:kgnunn@verizon.net">kgnunn@verizon.net</a></b>  <b>Phone: (804) 364-0656</b></p> <ul style="list-style-type: none"> <li>● Officials will be needed for all positions and all sessions for this meet.</li> <li>● Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Laura Razzolini at <a href="mailto:lrazzolini@vcu.edu">lrazzolini@vcu.edu</a> (official's coordinator) no later than October 23, 2011.</li> <li>● Officials meetings will be held in the hospitality area 45 minutes prior to the start of the meet.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>● Clubs may be required to provide timers.</li> <li>● The head timer will assign specific lanes prior to each session.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>● Bleacher seating for 280</li> <li>● Hospitality room will be open to coaches and certified officials.</li> <li>● The Virginia Swim Shop will be open for swimming accessories and shopping.</li> <li>● Please inform swimmers and parents that spectator deck space may be extremely tight.</li> <li>● Any help in reducing the number of spectators and their carry-in possessions would be greatly appreciated.</li> <li>● Swim bags should be placed under the seats.</li> <li>● No glass containers, smoking or alcohol is permitted in the pool area.</li> </ul>
<b>PARKING:</b>	<ul style="list-style-type: none"> <li>● <b>PLEASE DO NOT PARK AT THE APARTMENT BUILDINGS ACROSS THE STREET OR THE SHOPPING CENTER NEXT TO NOVA.</b></li> <li>● The NOVA Aquatics Center has parking available.</li> </ul>
<b>DIRECTIONS:</b>	<ul style="list-style-type: none"> <li>● <b>SOUTH</b> – 95 North to 64 West to the Gaskins Road South exit. Follow Gaskins Road south to Ridgefield Parkway (3<sup>rd</sup> light); turn right. Proceed on Ridgefield until you intersect with Gayton Road (4<sup>th</sup> light); turn left. NOVA Aquatics Center less than ½ mile on left.</li> <li>● <b>NORTH</b> – 95 South to 64 West to the Gaskins Road South exit. Follow directions above.</li> <li>● <b>WEST</b> – 64 East to the Short Pump/Broad Street 250 West exit. Follow Broad Street (250 West) to Pump Road. Take a left at the light. Follow Pump Road to Ridgefield Parkway (3<sup>rd</sup> light); take a right. Follow Ridgefield Parkway to Gayton Road (2 lights); take a left on Gayton Road. NOVA Aquatics Center less than ½ mile on left.</li> <li>● <b>SOUTHSIDE</b> – Take Chippenham Parkway North which will turn into Parham Road. Follow Parham Road to Quioccasin/Gayton Road (Regency Mall on left); take a left at the light. Proceed for 4-5 miles. NOVA Aquatics Center will be on your right.</li> </ul>

**Friday, November 4, 2011**

<b>Evening Session</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
1	1000 Y Free	2

**Saturday, November 5, 2011**

<b>AM Session</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
3	100 Y Breast	4
5	200 Y Free	6
7	100 Y Fly	8
9	400 Y IM	10

**Saturday, November 5, 2011**

<b>PM Session</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
11	200 Y Fly	12
13	50 Y Free	14
15	200 Y Breast	16
17	100 Y Back	18
19	500 Y Free	20

**Sunday, November 6, 2011**

<b>AM Session</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
21	200 Y Back	22
23	100 Y Free	24
25	200 Y IM	26

**Sunday, November 6, 2011**

<b>Distance Session – 15 minutes after Event 26 concludes</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
27	1650 Y Free	28