

Marshal's Guidelines

- **Arrive 15 to 30 minutes prior to warm-up** (or another designated time) **to:**
 - meet with the Meet Referee, get identifying attire, get your assignment.
- **Locate the first aid station including:**
 - First Aid kit, spinal backboard, rescue implements, AED (Automated External Defibrillator) and the Emergency Action Plan (EAP).
 - EAP should list important phone numbers, protocol for getting help, name or position of the person on deck who is responsible for activating the EAP.
 - If there isn't one, discuss with the Meet Referee.
 - Determine where YOU fit into the EAP.
- **To help provide a safe environment:**
 - Enforce the warm-up and warm-down rules -
 - No diving - feet first entry - except in one way sprint lanes (controlled warm-up only).
 - No Backstroke starts except in a controlled one way sprint lane. (They are dives.)
 - No socializing in warm-up/warm-down lanes. Swimming only.
 - Remind swimmers that running, horse play, whipping towels, etc. are dangerous and must be stopped.
 - Remind all that glass is not allowed on deck or in the locker rooms. (continued over)



09 09

Marshal's Guidelines

- **Arrive 15 to 30 minutes prior to warm-up** (or another designated time) **to:**
 - meet with the Meet Referee, get identifying attire, get your assignment.
- **Locate the first aid station including:**
 - First Aid kit, spinal backboard, rescue implements, AED (Automated External Defibrillator) and the Emergency Action Plan (EAP).
 - EAP should list important phone numbers, protocol for getting help, name or position of the person on deck who is responsible for activating the EAP.
 - If there isn't one, discuss with the Meet Referee.
 - Determine where YOU fit into the EAP.
- **To help provide a safe environment:**
 - Enforce the warm-up and warm-down rules -
 - No diving - feet first entry - except in one way sprint lanes (controlled warm-up only).
 - No Backstroke starts except in a controlled one way sprint lane. (They are dives.)
 - No socializing in warm-up/warm-down lanes. Swimming only.
 - Remind swimmers that running, horse play, whipping towels, etc. are dangerous and must be stopped.
 - Remind all that glass is not allowed on deck or in the locker rooms. (continued over)



09 09

Marshal's Guidelines (continued)

- **Report any unsafe areas on the deck to the Meet Referee including:**
 - loose wires, slippery areas, loose blocks, too many swimmers in a lane, and any other things you consider dangerous.
- **Periodically walk through** hallways, seeding area, etc., and, with another adult of your gender, your gender locker rooms. Arrange for "two adult" walk-throughs of the other gender locker rooms. Stop any shaving - Inform Meet Referee and Meet Management.
- **Blood on the deck or a bleeding swimmer?**
 - Immediately notify the Referee and first aid staff.
 - Help cordon off the bloody area until it is properly cleaned.
- **Monitor the warm down area throughout the meet.**
- **Unauthorized people on Deck? In the venue? Watch for inappropriate camera use in locker rooms & in or around the venue. Immediately Inform the Meet Manager or Meet Referee.**
- **Pay attention to the meet.**
 - Do not leave the area without the approval of the meet referee.
- **Remember: Safety is the Primary Concern. Be firm! But not a Tyrant.**



09 09

Marshal's Guidelines (continued)

- **Report any unsafe areas on the deck to the Meet Referee including:**
 - loose wires, slippery areas, loose blocks, too many swimmers in a lane, and any other things you consider dangerous.
- **Periodically walk through** hallways, seeding area, etc., and, with another adult of your gender, your gender locker rooms. Arrange for "two adult" walk-throughs of the other gender locker rooms. Stop any shaving - Inform Meet Referee and Meet Management.
- **Blood on the deck or a bleeding swimmer?**
 - Immediately notify the Referee and first aid staff.
 - Help cordon off the bloody area until it is properly cleaned.
- **Monitor the warm down area throughout the meet.**
- **Unauthorized people on Deck? In the venue? Watch for inappropriate camera use in locker rooms & in or around the venue. Immediately Inform the Meet Manager or Meet Referee.**
- **Pay attention to the meet.**
 - Do not leave the area without the approval of the meet referee.
- **Remember: Safety is the Primary Concern. Be firm! But not a Tyrant.**



09 09

Marshal's Guidelines

- **Arrive 15 to 30 minutes prior to warm-up** (or another designated time) **to:**
 - meet with the Meet Referee, get identifying attire, get your assignment.
- **Locate the first aid station including:**
 - First kit, spinal backboard, rescue implements, AED (Automated External Defibrillator) and The Emergency Action Plan (EAP).
 - EAP should list important phone numbers, protocol for getting help, name or position of the person on deck who is responsible for activating the EAP.
 - If there isn't one, discuss with the Meet Referee.
 - Determine where YOU fit into the EAP.
- **To help provide a safe environment:**
 - Enforce the warm-up and warm-down rules -
 - No diving - feet first entry - except in one way sprint lanes (controlled warm-up only).
 - No Backstroke starts except in a controlled one way sprint lane. (They are dives.)
 - No socializing in warm-up/warm-down lanes. Swimming only.
 - Remind swimmers that running, horse play, whipping towels, etc. are dangerous and must be stopped.
 - Remind all that glass is not allowed on deck or in the locker rooms. (continued over)



09 09

Marshal's Guidelines

- **Arrive 15 to 30 minutes prior to warm-up** (or another designated time) **to:**
 - meet with the Meet Referee, get identifying attire, get your assignment.
- **Locate the first aid station including:**
 - First kit, spinal backboard, rescue implements, AED (Automated External Defibrillator) and The Emergency Action Plan (EAP).
 - EAP should list important phone numbers, protocol for getting help, name or position of the person on deck who is responsible for activating the EAP.
 - If there isn't one, discuss with the Meet Referee.
 - Determine where YOU fit into the EAP.
- **To help provide a safe environment:**
 - Enforce the warm-up and warm-down rules -
 - No diving - feet first entry - except in one way sprint lanes (controlled warm-up only).
 - No Backstroke starts except in a controlled one way sprint lane. (They are dives.)
 - No socializing in warm-up/warm-down lanes. Swimming only.
 - Remind swimmers that running, horse play, whipping towels, etc. are dangerous and must be stopped.
 - Remind all that glass is not allowed on deck or in the locker rooms. (continued over)



09 09

Marshal's Guidelines (continued)

- **Report any unsafe areas on the deck to the Meet Referee including:**
 - loose wires, slippery areas, loose blocks, too many swimmers in a lane, and any other things you consider dangerous.
- **Periodically walk through** hallways, seeding area, etc., and, with another adult of your gender, your gender locker rooms. Arrange for "two adult" walk-throughs of the other gender locker rooms. Stop any shaving - Inform Meet Referee and Meet Management.
- **Blood on the deck or a bleeding swimmer?**
 - Immediately notify the Referee and first aid staff.
 - Help cordon off the bloody area until it is properly cleaned.
- **Monitor the warm down area throughout the meet.**
- **Unauthorized people on Deck? In the venue? Watch for inappropriate camera use in locker rooms & in or around the venue. Immediately Inform the Meet Manager or Meet Referee.**
- **Pay attention to the meet.**
 - Do not leave the area without the approval of the meet referee.
- **Remember: Safety is the Primary Concern. Be firm! But not a Tyrant.**



09 09

Marshal's Guidelines (continued)

- **Report any unsafe areas on the deck to the Meet Referee including:**
 - loose wires, slippery areas, loose blocks, too many swimmers in a lane, and any other things you consider dangerous.
- **Periodically walk through** hallways, seeding area, etc., and, with another adult of your gender, your gender locker rooms. Arrange for "two adult" walk-throughs of the other gender locker rooms. Stop any shaving - Inform Meet Referee and Meet Management.
- **Blood on the deck or a bleeding swimmer?**
 - Immediately notify the Referee and first aid staff.
 - Help cordon off the bloody area until it is properly cleaned.
- **Monitor the warm down area throughout the meet.**
- **Unauthorized people on Deck? In the venue? Watch for inappropriate camera use in locker rooms & in or around the venue. Immediately Inform the Meet Manager or Meet Referee.**
- **Pay attention to the meet.**
 - Do not leave the area without the approval of the meet referee.
- **Remember: Safety is the Primary Concern. Be firm! But not a Tyrant.**



09 09