



### Phelps Named USOC Athlete of the Month

The U.S. Olympic Committee announced USA Swimming's Michael Phelps as its August Male Athlete of the Month for his accomplishments at the 2008 Olympic Games in Beijing, China.

Phelps won a record eight gold medals in Beijing, and became the most decorated Olympian in history with 14 career Olympic gold medals and two bronze medals. In 2008, Phelps set seven world records, eight American records and eight Olympic records at the Water Cube in Beijing.

Olympic champion Natalie Coughlin finished as runner-up in the women's voting to gymnast Nastia Liukin. Coughlin made history of her own in Beijing by becoming the first American woman to win six medals in a single Olympiad.

The men's 400m free relay finished third in voting for the Team award.

### Daily Nostalgia

"The fact that there was an African-American swimmer in the Olympics! And he helped win the gold. I thought it was great!"

-Trillia

"I'm not sure how it got started, but I'm delighted - and surprised, in a nation that doesn't exactly encourage acts of spontaneous whimsy -- that it did. As we spectators filed toward the exit, we passed through twin columns of giddy volunteers, who cheered us, thanked us, chanted for us, and, yes, high-fived us as we negotiated this human tunnel of hospitality. It was like running onto the field at an SEC football game. Gave me chills every time."

-Austin Murphy (SI.com)

### Saturday / Sunday Meeting Schedules

#### Saturday

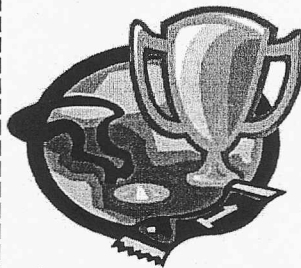
7:30am - 8:30am	Athlete Meeting (Athlete Elections)
7:30am - 9:00am	Voting delegates pick up ballots
9:00am - 12:00pm	House of Delegates
1:00pm - 3:00pm	House of Delegates
7:00pm - 10:00pm	Aquatics Award Banquet
10:00pm - 12:00am	Athlete Dance

#### Sunday

8:00am - 9:00am	United States Aquatic Sports Trustees
8:00am - 12:00pm	LSC Age Group Chairs' Workshop - Part 2
9:00am - 11:00am	Board of Directors

See you next year!

### A Heartfelt Thank You



Speaking of nostalgia, tonight's is the last edition of the 2008 Convention Courier. As we say goodbye for another year, USA Swimming would like to thank each of our valued volunteers for your time, incredible dedication, ideas and hard work - not just this week - but all though the year. We simply could not be the successful sport and organization that we are today without your support. Here's to you!

### Convention Surveys are Online

All workshop and meeting surveys, as well as the USAS Convention Exit Survey are posted on the front page of [usaswimming.org](http://usaswimming.org). Please take a few minutes to send in your suggestions. Committee chairs do use this feedback to make modifications for next year's convention. Thank you!

# FRIDAY'S MEETING SUMMARIES

## **Club Coaching for Coaches' Panel (Thursday):**

Moderated by Georgia Coach Harvey Humphries, this panel of Chris Davis (Swim Atlanta), Justin Correia (Swim Macon) and Michael Gobrecht (West Shore YMCA) discussed everything from training groups to club fees and facilities. They discussed the differences of smaller clubs, YMCA structures and large clubs of over 1000 swimmers, as well as their similarities in coaching kids.

## **Senior Development Committee CORRECTION:**

Please note - the following is a correction to yesterday's Senior Development Committee notes:

The Senior Development Committee voted to approve time standards for the 2009 World Championship Trials, U.S. Open and Junior Nationals. For the summer Junior Nationals relays, time standards will only be offered for long course meters swims. All standards will be available at the House of Delegates meeting and on the USA Swimming website.

## **Disability Committee:**

The Disability Committee will be planning a Disability LSC Workshop in Colorado Springs, April 3,4,5 in 2009. The 59 LSC's will be asked to cover the cost of transportation to Colorado Springs and USA Swimming will pay for housing, food, and other expenses involved in the Workshop. The Disability Chairs are expected to leave with a full understanding of the swimming opportunities throughout the U.S., the strategies of inclusion on swim teams, Zone and Sectional Meets and Local competitions that will benefit the LSC and teams throughout the country.

There is an effort to clean up the Disability Page on the USA Swimming Web Site headed by Dr. Gail Dummer. There will be simple categories Swimmers, Parents, Officials, LSC, and Volunteers and a menu covering competitions and educational materials. There is an effort to complete this by the start of 2009.

The Disability Committee will review five educational brochures that can be downloaded at the Disability Page. These brochures will be updated and brought up to date with rules and recommendations of section 105 of the Blue pages of the USA Swimming Rule Book.

The Athlete Representatives presented a summary of their experience of participating for Team USA in the Paralympic Games in Beijing. Erin Popovich won four gold and 2 silver medals and Jarrett Perry won a bronze medal after setting the world record in the 100m backstroke in prelims. Team USA set 99 American Records - 85% lifetime best times - and won the Gold Medal count with 17.

## **Convention Education Committee:**

The Convention Education Committee hosted 3 workshops today.

**Using your website and Protecting your Privacy:** Clark Hammond covered the USA Swimming Privacy Policy as well as COPPA (Child Online Privacy Protection Act) information. Topics included: photos, team rosters, meet rosters, pool locations and practice groups. Questions asked at this year's workshop will be the basis for next year's "sequel."

**College Swimming 101 for the Athletes:** A panel of collegiate swimmers discussed recruiting, college swimming and college life in an athletes-only meeting. A CD of resources and recruiting tips was distributed. If you'd like a copy of this CD, please email Kim O'Shea at: [koshea@usaswimming.org](mailto:koshea@usaswimming.org) to have one sent.

**College Swimming 101 for Coaches and Parents:** A panel of collegiate coaches discussed recruiting, college swimming and college life in this meeting. The same CD of resources and tips was distributed for the adults, and copies may be sent by emailing Kim O'Shea at: [koshea@usaswimming.org](mailto:koshea@usaswimming.org) .