Thursday, September 14, 2006

Diversity Clinic

Approximately 200 children attended today's Diversity Swim Clinic held at the Adams/Butzel Recreation Complex in Detroit. The clinic was led by Maritza Correia, Cullen Jones and Alison Terry. In addition, approximately 25 swimmers in attendance at this convention volunteered their time with the children, who ranged in ages from five to 15. The highly-successful clinic featured an autograph session with Correia and Jones before the children got in the water for work on starts, flip turns and freestyle. In addition, Jones and Correia opened with an inspirational address to the group.

Committee Reports

Sports Medicine/Science Workshop:

Nutrition and Medical Issues in Open Water Swimming
It was standing room only as the Sports Medicine/Science
Committee sponsored a two-hour workshop dedicated to
education on the medical and nutritional issues facing open
water swimmers in training and competition. Charlene
Boudreau presented nutrition preparation guidelines, as well
as specific nutrition strategies for the 10K event, while Dr Jim
Miller presented valuable information on hyper/hypothermia,
sun exposure, and critters that bite and sting. Both
presentations are available at www.usaswimming.org, under
the Coaches tab. Click on Nutrition for the nutrition slides
and Sports Medicine for the sports medicine slides.

Registration/Membership Committee Business Meeting:

The committee prioritized ongoing SWIMS enhancements and proposed legislation that affects membership. The LSCs that participated in testing the background screening processes in SWIMS gave a report to the committee and the committee reviewed their 2006 goals. The 2007 goals will be written by the new committee appointed this fall. The committee expressed concern for athlete privacy and the USA Swimming Mailing Service. The committee has proposed that a workshop be held in 2007 for LSC registrars and times people, since both jobs interact so closely in SWIMS.

Joint Registration/Times Workshop:

A panel of LSC registrars and times people discussed various issues and best practices related to how the registration process and uploading of times interrelate through the SWIMS database.

Athlete Convention Participation Task Force meeting:

The task force had its first face-to-face meeting since being appointed last spring. Monthly conference calls have resulted in momentum to shorten the convention schedule for athletes next year (Thurs.-Sat.), improve pre-convention education and communication with LSC athlete reps, create an electronic convention exit survey and develop a series of leadership training workshops for athletes at convention. These recommendations will be made to the Board of Directors at the November meeting.

Olympic International Operations Committee

OIOC approved the USA Swimming National Team quad plan and also passed a motion asking the new president of USA Swimming to implement a task force to write a manual on safety at international meets. The task force will include members of the senior committee and the officials committee. There was also an approved motion to move the governance of the US open from OIOC to the senior committee. There were positive reports from the international trips, and OIOC got great feedback from Eric Hansen, men's head coach of short course world champs and from Teri McKeever, women's head coach from Pan Pacs.

Weather Forecast for Tomorrow (Friday, Sept. 15)

Mostly sunny with temperatures in the low 60s during the morning hours, increasing to 73 degrees by 3 p.m. ... Overnight low of 57.

Today's Swimming Trivia:

What were the first goggles made of?

Wednesday's Trivia: Who was the first male African-American swimmer to set a world record?

Answer: National Team member Cullen Jones became the first African-American swimmer to set a world

record at the 2006 Pan Pacific Championships. Jones, who also won the men's 50m free at Pan Pacs, set the world record as a member of the men's 400m free relay team.