

Age Group Report:

Aug 25, 2013

Long Course AG Champs

- 32 Unique Teams (2 unattached)
- 593 Athletes:
 - 555 Individual / 38 Relay Only
 - 335 Girls/ 258 Boys
- 3183 Splashes
 - 1551 Girl
 - 1294 Boy
 - 338 Relays
- Records:
 - Meet Records: 20 Individual/ 11 Relay
 - Girls: 9 Ind/ 7 relays
 - Boys: 11 Ind/ 4 relays
 - LSC STATE Records: 7 individual/ 9 relay
 - Girls: 1 Ind/ 6 relay
 - Boys: 6 Ind/ 3 relay

Over all the meet ran very well. We conducted chase starts for the first time and there were no issues to report. There was some suggestions to maximize the efficiency of chase starts that we should adopt the odd heat/ even heat for each starting end. This would keep the speed of the meet in check with regards to rest between events for the athletes. Ie: All the heats of one event would run then the next event.

District/ Region Meets for upcoming 2013-2014 season:

We are still collecting feedback from coaches for the format of the upcoming District 12&U/ Region 13&O formats. A proposal of a few possibilities were handed out to coaches at AGC and a few were available to SR Champs coaches. I will be collecting the responses and submitting to committee for us to vote on at the Fall HOD meetings. In this format of championship level meet for our Non-state champ level athletes, we are considering the following:

- Opportunities: Maximizing the opportunity for VSI athletes (localizing)
- Costs: Minimizing expenses to swimmers/families
- Competition: keeping meets/formats competitive
- Athlete Progression: providing growth opportunities
- Facilities: Seeing that we have adequate facilities to run the meets/formats

Respectfully submitted,

Scott Baldwin (Incoming AG-Chair)

